

# Favourite Kinda High

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Maggie Gallagher (UK) - June 2023  
音樂: favorite kind of high - Kelly Clarkson : (album: Chemistry)



Intro: 16 counts (8 secs)

## S1: STEP, ½ PIVOT, WALK, ½, ½ SHUFFLE, STEP, ¼ PIVOT

1-2      Step forward on right, Pivot ½ left [6:00]  
3-4      Walk forward on right, ½ right stepping back on left [12:00]  
5&6      ½ right stepping forward on right, Step left next to right, Step forward on right [6:00]  
7-8      Step forward on left, Pivot ¼ right [9:00]

## S2: CROSS, SIDE ROCK, & SIDE ROCK, CROSS, SIDE ROCK CROSS

1-2-3      Cross left over right, Rock right to right side, Recover on left  
&4-5      Step right next to left, Rock left to left side, Recover on right  
6      Cross left over right  
7&8      Rock right to right side, Recover on left, Cross right over left [9:00]

## S3: WALK BACK, WALK BACK, ½ SHUFFLE, STEP, ½ PIVOT, KICK BALL STEP

1-2      Walk back on left, Walk back on right  
3&4      ¼ left stepping left to left side, Close right next to left, ¼ left stepping forward on left [3:00]  
5-6      Step forward on right, Pivot ½ left [9:00]  
7&8      Kick right forward, Step down on right next to left, Step forward on left

## S4: WALK, SWEEP, WALK, SWEEP, CROSS, ¼ BACK, BALL CROSS

1-2      Walk forward on right, Ronde sweep left from back to front  
3-4      Walk forward on left, Ronde sweep right from back to front  
5      Cross right over left  
6&7      ¼ right stepping back on left, Step right next to left, Cross left over right [12:00]

## S5: CHASSE R, CROSS ROCK, ¼ CHASSE L, STEP, ½ PIVOT

8&1      Step right to right side, Close left next to right, Step right to right side  
2-3      Cross rock left over right, Recover on right  
4&5      Step left to left side (\*R), Close right next to left, ¼ left stepping forward on left [9:00]  
6-7      Step forward on right, Pivot ½ left [3:00]

## S6: STEP LOCK STEP, HOLD, & ROCK, RECOVER, BACK, ½, WALK

8&1      Step forward on right, Lock left behind right, Step forward on right  
2      HOLD  
&3-4      Step on left next to right, Rock forward on right, Recover on left

**Styling option: Forward body roll on counts 3,4**

5-6-7      Step back on right, ½ left stepping forward on left, Walk forward on right [9:00]

## S7: L MAMBO, BACK, ¼ SWIVEL, ¼ SWIVEL, KICK BALL CHANGE, STEP, ¼ PIVOT

8&1      Rock forward on left, Recover on right, Step slightly back on left  
2      Step back on right  
3-4      Swivel ¼ right twisting heels to left, Swivel ¼ left twisting heels right to centre (weight ending on left) [9:00]  
5&6      Kick right forward, Step down on right next to left, Step slightly forward on left  
7-8      Step forward on right, Pivot ¼ left [6:00]

## S8: CROSS SAMBA, CROSS SAMBA, R ROCKING CHAIR

1&2	Cross right over left, Rock left to left side, Recover on right
3&4	Cross left over right, Rock right to right side, Recover on left
5-6	Rock forward on right, Recover on left
7-8	Rock back on right, Recover on left [6:00]

**\*RESTART:** Dance 36 counts of Wall 2, then restart the dance from the beginning facing [6:00]

**ENDING:** The dance finishes during Wall 6. Dance 32& counts, then step right to right side on count 33, raising both arms up on the word 'high' [12:00]

Thank you to Margaret Hains for suggesting this track

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