

# Outta My Mind

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Rob Fowler (ES), Kate Sala (UK), Guillaume Richard (FR) & Darren Bailey (UK) -  
July 2023  
音樂: Gettin' Outta My Mind - Channing Wilson



**Intro: 16 Counts**

**Tag: After walls 2 and 6 you will be facing 6:00 both times**

## **Shoop to R diagonal, Back, Clap, Back, Clap**

- 1-2      Step RF to R diagonal, Close LF next to RF
- 3-4      Step RF to R diagonal, Touch LF next to RF
- 6-7      Step back on LF to L diagonal, Touch RF next to LF and clap
- 7-8      Step back on RF to R diagonal, Touch LF next to RF and clap

## **Shoop to L diagonal, Back, Clap, Back Clap**

- 1-2      Step LF to L diagonal, Close RF next to LF
- 3-4      Step LF to L diagonal, Touch RF next to LF
- 5-6      Step back on RF to R diagonal, Touch LF next to RF and clap
- 7-8      Step back on LF to L diagonal, Touch RF next to LF and clap

## **R Vine with Close, Twist x4**

- 1-2      Step RF to R side, Cross LF behind RF
- 3-4      Step RF to R side, Close LF next to RF
- 5-6      Twist both heels to L, Twist both heels to R
- 7-8      Twist both heels to L, Twist both heels to centre (weight ends on RF)

## **L Vine with 1/4 L, Brush, Rocking chair**

- 1-2      Step LF to L side, Cross RF behind LF
- 3-4      Make a 1/4 turn L and step forward on LF, Brush RF forward
- 5-6      Rock forward on RF, Recover onto LF
- 7-8      Rock back on RF, Recover onto LF

**Tag (after wall 2 and 6m both times you will be facing 6:00)**

## **Stomp, Stomp, Clap, Clap**

- 1-2      Step RF to R side, Stomp LF to L side
- 3-4      Clap hands x2

**Last Update - 5 July 2023 - R1**