Vamos a Volar



拍數: 32 編數: 4 級數: Improver

編舞者: Tessa Jansen (NL) - July 2023

音樂: Vamos A Volar - Marquess: (iTunes)



Intro: 16 counts

Walk R, Walk L, Lock Step R, Rocking Chair L

1-2 Step R Fwd, Step L Fwd,

3&4 Step R Fwd, Lock L behind R, Step R Fwd

5-6 Rock L Fwd, Recover on R

7-8 Rock L Back, Recover on R (12.00)

1/4 Turn R Step L Side, Hold, Behind, Side, Cross, Sway L+R, Chassé L

1-2 Turn ¼ R Step L to L Side, Hold (3.00)

3&4 Step R Behind L, Step L to L Side, Cross R over L

5-6 Sway L hip to L Side, Sway R hip to R Side

7&8 Step L to L Side, Step R next to L, Step L to L Side (3.00)

(Restart point Wall 2 and 6 both on 6.00 o'clock)

Cross Rock R, 1/4 Turn R Chasse R, 1/4 Turn R Chassé L, Behind, Side

1-2 Cross R over L, Recover on L

Step R to R Side, Step L next to R, ¼ Turn R Step Fwd on R (6.00)
¼ Turn R Step L to L Side, Step R next to L, Step L to L Side (9.00)

7-8 Step R Behind L, Step L to L Side (9.00)

Cross, Point, Cross, Point, Cross, 1/2 Turn L, Kick Ball Change

Step R Fwd, Point L to L Side (walk slightly fwd)
Step L Fwd, Point R to R side (walk slightly fwd)
Cross R over L keep weight on L, ½ Turn L (3.00)

7&8 Kick R fwd, Step on ball of R next to L, Step L in place (3.00)

ENDING: Wall 13 is the last wall.

You start at 12.00 and after count 29 (3.00) you make a ¾ Turn L to 12.00 (instead of ½ Turn) and strike a pose.

Vamos a Volar means "Let's fly".

So let's fly, dance together and have a lot of fun on this summer track with happy vibes.