Las Babys



拍數: 64 編數: 2 級數: Phrased Improver

編舞者: Montse Marcos - July 2023

音樂: LAS BABYS - Aitana



Start after 32 counts.

SEQUENCE: A,A,A,,B,A,A,A,B,A

PART A: 1-8 ROCK FORWARD, SHUFFLE BACK, COASTER STEP, KICK BALL STEP

1-2 Rock RF forward, Recover LF

3&4 RF step back, LF next RF, RF step back
5&6 LF step back, RF next RF, LF step FW
7&8 RF Kick FW, RF Next LF, LF step FW

[9-16] TWO 1/2 PIVOTS TURNING L, HIP BUMPS R X2,HIP BUMPS L X2

1-2 RF FW, ½ Left Weight on LF (06:00) 3-4 RF FW, ½ Left Weight on LF (12:00)

5-6 Bump hips RLR x2 7-8 Bump hips LRL x2

[17-24] JAZZ BOX 1/2. SHUFFLE DIAGONAL R. SHUFFLE DIAGONAL L

1-4 RF cross over LF, 1/4 Right LF back, 1/4 Right RF right side, LF Step FW

5&6 RF right diagonal FW, LF next RF, RF right diagonal FW LF left diagonal FW, RF next LF, LF left diagonal FW

[25-32] OUT R, OUT L, IN R, IN L, STEP FORWARD R TOUCH L, STEP BACK L TOUCH

1-4 RF out to Right, LF out to left, RF back, LF next RF

5-6 RF Step FW, LF touch behind RF7-8 LF Step back, RF touch next LF

PART B: 1-8 SIDE STEP, ARM R UP, ARM L UP, STEP FWD R TOUCH L, STEP BACK L, TOUCH.

1-2 RF to right side and keep your right elbow on the palm of left hand and move your finger right

arm up rolling CW

3-4 Weight on LF and keep your left elbow on the palm of right hand and move your finger left

arm up rolling CW

5-6 RF step FW Step, LF touch behind RF roll arms fw in front of chest 5,6

7-8 LF Step back, RF touch next LF roll arms bw in front of chest 7,8

[9-16] OUT, OUT, IN, IN, JUMP FWD, JUMP BACK, 1/4 TURN R JUMP FW, JUMP BACK

1-4 RF out to Right, LF out to left, RF back, LF next RF

5-8 Jump forward, jump back, ¼ right turn jump FW, jump back weight on LF

[17-24] SIDE STEP, ARM R UP, ARM L UP, STEP FWD R TOUCH L, STEP BACK L, TOUCH.

1-2 RF to right side and keep your right elbow on the palm of left hand and move your finger right

arm up rolling CW

3-4 Weight on LF and keep your left elbow on the palm of right hand and move your finger left

arm up rolling CW

5-6 RF step FW Step, LF touch behind RF roll arms fwd in front of chest 5,6

7-8 LF Step back, RF touch next LF roll arms bwd in front of chest 7,8

[24-32] OUT, OUT, IN, IN, JUMP FWD, JUMP BACK, 1/4 TURN R JUMP FW, JUMP BACK

1-4 RF out to Right, LF out to left, RF back, LF next RF

5-8 Jump forward, jump back, ¼ right turn jump FW, jump back weight on LF

