Words Still Hurt Me



拍數: 16 編數: 2 級數: Absolute Beginner

編舞者: Wanda Heldt (AUS) - June 2023

音樂: Words - Mickey Guyton



PRISSY WALK FORWARD R.L. FORWARD RIGHT MAMBO, SWEEP BACK L.R. BACK COASTER

1-2 Walk forward crossing Right over Left, Walk forward crossing Left over Right.

3&4 Right forward Mambo

5-6 Sweep back on Left and Right

7&8 Back Left Coaster Step

Restart here on Wall 5 & Wall 12 at [12:00] or dance Through....

SLIGHT TURN TO RIGHT - SHUFFLE FORWARD R.L.R. 1/4 TURN LEFT SHUFFLE FORWARD L.R.L. ROCK RIGHT FORWARD 1/4 TURN LEFT, RECOVER ON LEFT, CROSS RIGHT OVER LEFT, LEFT SIDE ROCK, RECOVER ON RIGHT, CROSS LEFT OVER RIGHT

Slight turn to Right Angel Shuffle forward Right, Left, Right Left 1/4 turn Left, Shuffle forward Left, Right, Left [9:00]

5&6 Rock forward on Right 1/4 turn Left Recover on Left, Cross Right over Left [6:00]

7&8 Rock Left to Left, Recover on Right, Cross Left over Right.

Restart dance...

HAVE FUN IN LIFE & IN DANCE

Sad Lovely lyrics, It's Sad how some people feel they need to be Mean & Unkind or think they better than others.

Words do hurt! but Stay Strong and keep Smiling and don't show it.

Wanda Heldt Youtube channel / Silver Star Wanda'rers / AB&BEG.Only E-mail:- silverstarwa@gmail.com - 0403 536 163