I Like What I Like

級數: Intermediate

編舞者: Pilar Tonalise (USA) - July 2023

音樂: Bad Love (feat. Ellie Goulding) - Sean Paul

Start on lyrics (9 seconds from start of track)

[1 - 8] HIP BUMP L 2X, STEP BACK R, HIP BUMP R 2X, 2 WALKS, OUT, OUT, R HEEL TWIST/FLICK

- 1 2 Weight on L, bump hips twice L (1,2) styling: lift R heel to pop R knee fwd
- 3 4 Step back on R, bump hips twice R (3,4) styling: lift L heel to pop L knee fwd
- & 5 6 Ball step L next to R (&), walk fwd R, L (5,6)
- & 7 Step out to R diagonal (&), step L out to side (7)
- & 8 Twist R heel in (&), flick R foot out (8)

[9 - 16] SYNCOPATED GRAPEVINE, CROSS, UNWIND 3/4, BODY ROLL, HOLD X 2

- 1 2 & Step R to side (1), L behind (2), ball step to side on R (&),
- 3 4 cross L over R (3), unwind ³/₄ R (4) end with weight on L (9 o'clock)
- 5 6 Step back on R w/body roll (5), hold (6)
- & 7 8 & Ball step on L next to R (&), step back on R w/body roll (7), hold (8), ball step on L next to R (&)

Restart here on wall 5. Change last ball step to a full step onto L, & pop R knee on count one to begin dance again.

[17 – 24] WALK R, L, ROCK STEP FWD W/DRAG, L COASTER, ¼ TURN L WITH HIP BUMPS

- 1 2 Walk fwd R (1), L (2)
- 3 & 4 Rock fwd on R (3), recover to L (&), big step back on R, dragging L back to R (4)
- 5 & 6 Step back on L (5), step together on R (&), step forward on L (6)
- 7 & 8 Pivot ¼ L stepping to side on R bumping hips R, L, R (7 & 8) (6 o'clock)

[25 – 32] ½ HINGE TURN L W/HIP BUMPS, ¼ TURN L, MAMBO FWD & BACK, SCUFF, TOUCH

- 1 & 2 Pivot ¹/₂ turn L stepping to side on L, bumping hips L, R, L (1 & 2) (3 o'clock)
- & 3 & 4 Pivot ¼ turn L on L (&), rock fwd R (3), recover to L (&), step back slightly on R (4) (9 o'clock)
- 5 & 6 Rock back on L (5), recover to R (&), step fwd slightly on L (6)
- 7 & 8 Scuff R fwd (7), hitch R (&), touch slightly fwd on R (8)

Sink into L hip on count 8, will feel like 3 hip bumps when you begin again

RESTART: On Wall 5 you will be facing the 9 o'clock wall -- dance the first 16 counts, then restart.

Have fun and add your own styling! Email: pilar.tonalise@icloud.com

Step sheet by Sandy Miller





拍數: 32

牆數:4