Echoes of the Heart



拍數: 40 牆數: 2 級數: Advanced

編舞者: Dee Musk (UK) - June 2023

音樂: Where Does My Heart Beat Now - Céline Dion: (Album: Celine Dion)



#16 Count Intro - Approx 12 seconds - Track approx 4 mins 30 secs. BPM 76.

Track available from iTunes.co.uk deedeemusk@gmail.com

Side, Back Rock, Recover, ¼ Turn Left, ¼ Turn Left, Cross Rock, Recover with Sweep, Sailor ¼ Turn Right, ¾ Turn Right.

1,2& Step L to L side, rock R behind L, recover weight to L.

3,4 Make ¼ Turn L stepping back on R, make ¼ turn L stepping L to L side.

&5 Cross rock R over L, recover sweeping R behind L.

6&7 Cross R behind L, make ¼ turn R stepping L back, step forward on R.

8& Make ½ turn R stepping back on L, make ¼ turn R stepping R to R side. (6 o'clock).

Cross Rock, Recover, Side, Cross Rock, Recover, Side, Step, Run, Run, Step, ½ Pivot Turn Left.

1,2& Cross rock L over R, recover weight to R, step L to L side.
3,4& Cross rock R over L, recover weight to L, step R to R side.

5 Step forward on L. 6& Run forward R, L.

7,8 Step forward on R, make ½ turn Left (weight on L). (12 o'clock).

1/4 Turn Left, Behind, 1/2 Triple Turn Right with Sweep, Cross, Side, Behind, Sway Right, Sway Left, Full Turn Right.

Make ¼ turn L stepping R to R side, cross step L behind R.
Make ½ triple turn R stepping R, L, R sweeping L in front of R.
Cross L over R, step R to R side, cross step L behind R.

6,7 Step R to R side and sway R, sway L.

8&1 Make ¼ R stepping forward on R, make ½ turn R stepping back on L, make ¼ turn R

stepping R to R side.(3 o'clock).

Back Rock, Recover, ¼ Turn Left, ¼ Turn Left, Behind, ¼ Turn Right, Step, ¾ Turn Right, Sway Left, Sway Right.

2&3 Cross rock L behind R, recover weight to R, make ½ turn L stepping forward on L (12.00).

4&5 Make ¼ turn L stepping R to R side, cross step L behind R, make ¼ turn R stepping forward

on R (12.00).

6& Step forward on L, make \(^3\)4 turn R.

7,8 Step L to L side and sway L, sway R. (9 o'clock).

½ Turn Left with Sweep, Step, Behind, Step ¾ Turn Right with Sweep, Left Lock Step Forward, Chase ½ Turn Left, Full Turn Right.

1,2& Step down on L and make ½ turn L sweeping R in front of L, step forward on R, cross L

behind R.

3 Step down on R and make ³/₄ turn R sweeping L in front of R (12.00).

Step forward on L, cross R behind L, step forward on L. Step forward on R, make ½ turn L, step forward on R.

8& Make ½ turn R stepping back on L, make ½ turn R stepping forward on R. (6 o'clock).

Tag 1 – End of Walls 1 and 3 – facing 6.00.

Basic Nightclub Left, Basic Nightclub Right.

1,2& Step L to L side, rock R behind L, recover weight to L.3,4& Step R to R side, rock L behind R, recover weight to R.

Tag 2 - End of Wall 4 - Facing 12.00.

Basic Nightclub Left, 1/4 Turn Right, Step 3/4 Turn Right, Basic Nightclub Left, Basic Nightclub Right.

1,2& Step L to L side, back rock R behind L, recover weight to L.

3,4& Make ¼ turn R stepping forward on R, step forward on L, make ¾ turn Right (weight on R).

5,6& Step L to L side, cross rock R behind L, recover weight to L.7,8& Step R to R side, cross rock L behind R, recover weight to R.

Tag 3 – End of Wall 5 – facing 6.00.

Sway Left, Sway Right.

1,2 Sway Left, Sway Right.

Xx Thank you to my beautiful friend Tina Jul for suggesting this powerful track to write to Xx