Every Day and Every Night

級數: Improver

COPPER KNOB

拍數: 16

編舞者: Rika Djamhari (INA) - July 2023 音樂: I Can't Let Go - Air Supply

Intro: 12 Counts

S1. BASIC NC RIGHT - TURN BACK - SYNC COASTER STEP - FULL TURN SPIRAL - WALK R/L - FORWARD ROCK - SIDE SWAY R/L

1-2&. Step R to side, step L slightly behind R, cross R over L

牆數: 2

- 3&4&. 1/4 turn to right and step L back, step R back, step L together, step R forward (03:00)
- 5-6&. Step L slightly forward and full turn to right (WOL), step R forward, step L forward
- 7&8&. Rock R forward, recover on L, step R to side with sway to right, recover on L with sway to left

S2. 1/4 TURN DIAMOND- FORWARD - 1/2 TURN PIVOT - 1/2 TURN PIVOT WITH SWEEP - CROSS OVER - SIDE - BACK ROCK - SIDE - BEHIND

1-2&. 1/8 turn to right and step R back (04:30), step L back, 1/8 turn to right and step R to side (06:00)

3&4&. Step L forward, step R forward, 1/2 turn to left and step L in place, step R forward

* Restart here on wall 3 and 6 with step change on count 4&

5-6&. 1/2 turn to left and step L in place with sweep R forward, cross R over L, step L to side7&8&. Rock R back, recover on L, step R to side, step L behind R

Start Again

* Restart on wall 3 & 6 after 12& count with step change 12&: 1/2 turn to left and step L in place, touch R beside L

** Tag after wall 4,7, 8.

4& counts of Tag: BASIC NC R/L

1-2&. Step R to side, step L slightly behind R, cross R over L

3-4&. Step L to side, step R slightly behind L, cross L over R

Enjoy the dance!

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