A Shot of Jose Cuervo

級數: Beginner / Improver

編舞者: Yvonne Anderson (SCO) - July 2023

音樂: Grain of Salt - Kin Faux : (iTunes and Amazon)

Notes: Start on vocal. No Bridges, Tags or Restarts. Dance ends during wall 12, simply dance through to count 16, step R to side (facing 12) and hold.

Many thanks to David Dabbs for suggesting I write a dance to this wonderful track to accompany his partner dance also called 80 Proof.

[1-8] ROCK FWD, RECOVER, SHUFFLE BACK, STEP BACK, 1/4 RIGHT, CROSS SHUFFLE

- 1-2 Rock R forward, recover weight on L [12]
- 3&4 Step R back, (&) Step L beside right, Step R back [12]
- 5-6 Step L back, Make 1/4 turn right stepping R to side [3]
- 7&8 Step L across right, & Step R to side, Step L across right [3]

[9-16] SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS with 1/8 LEFT, DIAGONAL STEP, LOCK, STEP-LOCK-STEP

- 1-2 Rock R to right, Recover weight on L [3]
- 3&4 Step R behind left, Step L to left, Make 1/8 turn left stepping R across left [1.30]
- 5-6 Facing diagonal Step L forward, Lock R behind left [1.30]
- 7&8 Still facing diagonal Step L forward, & Lock R behind left, Step L forward [1.30]

[17-24] 1/8 LEFT, TOUCH, 1/4 LEFT, TOUCH, COASTER HEEL, BALL-WALK-WALK

- 1-2 Make 1/8 turn left stepping R to right (now facing 12), Slide L to touch beside right [12]
- 3-4 Make 1/4 turn left stepping L to left [now facing 9], Slide R to touch beside left [9]
- 5&6 Step R back, (&) Step L beside right, Touch R heel forward [9]
- &7-8 (&) Step R beside left, Walk forward L, R [9]

[25-32] ROCK FWD, RECOVER, SHUFFLE 1/2 LEFT, TURNING WEAVE

- 1-2 Rock L forward, Recover weight on R [9]
- 3&4 Make 1/2 turn left stepping L, R, L [3]
- 5-8 Make 1/4 turn left stepping R to side [now facing 12], Step L behind right, Make 1/4 right stepping R forward [now facing 3], Walk forward L [3]

REPEAT

Last Update: 2 Aug 2023





拍數: 32

牆數:4