

First and Last

拍數: 32 牆數: 4 級數: Beginner
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No Tag/ No Restart.

Part 1: Step side, step behind, step Frwd, , lock shuffle forward, step Frwd, turn 1/4 R, cross shuffle.

1 -2 Step LF to side, step RF back,
3 Step LF Frwd,
4&5 step RF Frwd, step LF cross behind, step RF frwd
6 - 7 Step LF Frwd, turn love 1/4 R step RF in place,
8&1 step LF cross over R, step RF to side, step LF cross over R

Part 2 : Step side to R, step cross behind, step side, scissor step, repeat to left.

2 - 3 Step RF to side, step LF cross behind L,
4&5 step RF to side, step LF close to RF, step RF cross over L
6 -7 Step LF to side, step RF cross behind L
8&1 ; Step LF to side, step RF close to L, step LF cross over R.

Part 3 : Rhumba box, coaster step

2-3 step RF to side, step LF close to R
4&5 step RF fwd , step LF close to R, step RF frwd
6-7 step LF to side, step RF close to L,
8&1 Step LF back, step RF close to L, step RF frwd.

Part 4 : step frwd, pivot 1/2 L, Flick, lock shuffle frwd, step side, recover, step close.

2-3 Step RF frwd, pivot 1/2 L, whilst flick LF,
4&5 Step LF frwd, step RF cross behind L, step LF frwd
6,7,8 step RF fwd, recover L, step RF close together L.
