Shen Shui Zha Dan (深水炸弹64步)

COPPER KNOB

拍數: 64

牆數:2

級數: High Beginner

編舞者: Molly Yeoh (MY) - August 2023

音樂: 深水炸弹64c (Please use this Edited Music Video for my fun choreography.)Ticktok/ Viral

Intro: 32 counts

*It is labelled at high beginner level because of 64 steps, but majority make up of simple easy steps! No tag no restart!

Intended for new beginners to start off easily!

Section 1: TWIST FEET FWD, HIP BUMP RIGHT AND LEFT RECOVER

- 1 2 3 4 Twist fwd both legs to R, L, R then L
- 5 6 7 8 LF touch L hip bump recover, RF touch R hip bump recover

Section 2: WALK BACK LRLR, L HIP BUMP RECOVER, R HIP BUMP TOUCH

- 1 2 3 4 Walk back LF RF LF RF,
- 5 6 7 8 LF touch L hip bump recover, RF touch R hip bump touch next to LF

Section 3: SAILOR RIGHT ¼ TURN, FWD, SIDE, SWAY RLRL

- 1 & 2 3 4 1/4 R turn, RF step back, LF step beside RF, RF step fwd, LF step fwd, RF step beside LF
- 5 6 7 8 Sway RLRL (free hand styling)

Section 4: R ROCKING CHAIR, 2X ¼ L PADDLE TURN

- 1 2 3 4 RF fwd recover LF, RF rock back recover LF
- 5 6 7 8 (RF fwd ¼ L turn, recover LF) 2X

Section 5: R, L WEAVE WITH CHEST PUMP

- 1 2 3 4 RF step to R, LF step behind, RF step to R, LF touch beside RF
- 5 6 7 8 LF step to L, RF step behind, LF step to L, RF touch beside LF

Section 6 FWD, SIDE, BACK TOUCHES, SCUFF

- 1 2 3 4 RF step fwd, LF touch beside RF, LF step back RF touch beside LF
- 5 6 7 8 RF step back , LF touch beside RF, LF step up, RF scuff fwd

Section 7 FWD ROCK, ¼ R TURN CHASSE, ½ R TURN, L CHASSE, ROCK BACK RECOVER

- 1 2 3&4 RF rock fwd, ¼ R turn recover LF, RF step to R, LF followed, RF step to R
- 5 6 7&8 1/2 R turn, LF step to L, RF followed, LF step to L, RF rock back recover LF

Section 8 V SHAPE, JUMP AND CLAP, SWAY RLRL

- 1 2 3 4 RF step diagonal R, LF diagonal L, RF step back, jump and closed in LF(clap same time)
- 5 6 7 8 RF step to R, sway R L R L

Inspired by tiktok viral Hit song! TQVM and ENJOY! Feel free with hand styling! 自由发挥!

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Last Update: 5 Aug 2023

