

Seven

拍數: 96 牆數: 1 級數: Phased Intermediate
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音樂: Seven - Jung Kook & Latto



Intro : 16 counts in (Approx 0.07 sec)

Note(s) : -

Sequence : 96, Tag, 96, 65-96, 96, 65-96

S1 (1-8) R Forward Diagonal Kick Ball Cross, R-L Hip Pushes, R-L Sailor Step

1&2 Weight on LF: Kick RF forward to R diagonal (1), step RF in place (&), cross LF over RF (2) 12.00
3-4 Push hips to R side (3), push hips to L side (4) 12.00
5&6 Cross RF behind LF (5), step LF to L side (&), step RF to R side (6) 12.00
7&8 Cross LF behind RF (7), step RF to R side (&), step LF to L side (8) 12.00

S2 (9-16) R Forward Rock & Recover, R Coaster Step, L Pivot ½ (R) X2

1-2 Rock RF forward (1), recover weight on LF (2) 12.00
3&4 Step RF back (3), close LF beside RF (&), step RF forward (4) 12.00
5-8 Step LF forward (5), turn ½ R over R shoulder (6), step LF forward (7), turn ½ R over R shoulder (8) 12.00

S3 (17-24) L Forward Diagonal Kick Ball Cross, L-R Hip Pushes, L-R Sailor Step

1&2 Kick LF forward to L diagonal (1), step LF in place (&), cross RF over LF (2) 12.00
3-4 Push hips to L side (3), push hips to R side (4) 12.00
5&6 Cross LF behind RF (5), step RF to R side (&), step LF to L side (6) 12.00
7&8 Cross RF behind LF (7), step LF to L side (&), step RF to R side (8) 12.00

S4 (25-32) L Forward Rock & Recover, L Coaster Step, R Pivot ½ (L) X2

1-2 Rock LF forward (1), recover weight on RF (2) 12.00
3&4 Step LF back (3), close RF beside LF (&), step LF forward (4) 12.00
5-8 Step RF forward (5), turn ½ L over L shoulder (6), step RF forward (7), turn ½ L over L shoulder (8) 12.00

S5 (33-40) R Side, L Behind Touch, ¼ (L) with L Forward, ¼ (L) with R Side, L Behind, R Side, L Cross, R Forward Kick, ¼ (R) with R Side, L Side Point

1-4 Step RF to R side (1), touch L toes behind RF (2), turn ¼ L stepping LF forward (3), turn another ¼ L stepping RF to R side (4) 6.00
5&6 Cross LF behind RF (5), step RF to R side (&), cross LF over RF (6) 6.00
7&8 Kick RF forward (7), turn ¼ R stepping RF to R side (&), point L toes to L side (8) 9.00

S6 (41-49) ¼ (L) with L Step & R Flick, R Rocking Chair, R Pivot ½ (L), L Back Pony Steps

1-5 Turn ¼ L stepping LF in place and flicking RF back (1), rock RF forward (2), recover weight on LF (3), rock RF back (4), recover weight on LF (5) 6.00
6-7 Step RF forward (6), turn ½ L over L shoulder keeping weight on RF (7) 12.00
8&1 Step LF back while lifting R knee (8), step RF in place (&), step LF back while lifting R knee (1) 12.00

S7 (50-56) R Forward & L Forward Sweep, L Forward & R Forward Sweep, R Modified Serpiente Step

2-4 Step RF forward sweeping LF from back to front for 2 counts (2-3), step LF forward sweeping RF from back to front (4) 12.00
5-8 Cross RF over LF (5), step LF to L side (6), cross RF behind LF (7), sweep LF from front to back (8) 12.00

S8 (57-64) L Behind, R Side Rock Behind, L Side Rock & Recover ¼ (L), ½ (L) with L Forward, ¼ (L) with R Touch

- 1-4 Cross LF behind RF (1), rock RF to R side (2), recover weight on LF (3), cross RF behind LF (4) 12.00
5-6 Rock LF to L side (5), recover weight on RF turning ¼ L (6) 9.00
7-8 Turn ½ L stepping LF forward (7), turn another ¼ L touching R toes beside LF (8) 12.00

S9 (65-72) R-L Forward Wizard Steps X4

- 1-2& Step RF forward to R diagonal (1), lock LF behind RF (2), step RF forward to R diagonal (&) 12.00
3-4& Step LF forward to L diagonal (3), lock RF behind LF (4), step LF forward to L diagonal (&) 12.00
5-6& Step RF forward to R diagonal (5), lock LF behind RF (6), step RF forward to R diagonal (&) 12.00
7-8& Step LF forward to L diagonal (7), lock RF behind LF (8), step LF forward to L diagonal (&) 12.00

S10 (73-80) R Forward Rock & Recover, Full Turn (R), ¼ (R) with R Side, Hold, L Together, R Side Touch

- 1-2 Rock RF forward (1), recover weight on LF (2) 12.00
3-4 Turn ½ R stepping RF forward (3), turn another ½ R stepping LF back (4) 12.00
5-6 Turn ¼ R stepping RF to R side (5), hold for 1 count (6) 3.00
&7-8 Close LF beside RF (&), step RF to R side (7), touch L toes beside RF (8) 3.00

S11 (81-88) 1¼ (L) with L-R Turning Hip Bumps, R Forward Rock & Recover with R Sweep

- 1&2 Turn ¼ L touching L toes forward and bumping hips forward (1), bump hips backward (&), bump hips forward stepping LF in place (2) 12.00
3&4 Touch R toes forward and bump hips forward (3), turn ¼ L bumping hips to L side (&), turn another ¼ L bumping hips to R side (4) 6.00
5&6 Turn ½ L touching L toes forward and bumping hips forward (5), bump hips backward (&), bump hips forward stepping LF in place (6) 12.00
7-8 Rock RF forward (7), recover weight on LF sweeping RF from front to back (8) 12.00

S12 (89-96) R Back Rock & Recover, R Pivot ½ (L), ½ (L) with R Rocking Chair with R Flick

- 1-4 Rock RF back (1), recover weight on LF (2), step RF forward (3), turn ½ L over L shoulder (4) 6.00
5-6 Turn another sharp ½ L over L shoulder rocking RF forward (5), recover weight on LF (6) - present a love gesture 12.00
7-8 Rock RF back (7), recover weight on LF flicking RF back (8) 12.00

Tag (4 counts)

R Jazz Box with L Cross

- 1-4 Cross RF over LF (1), step LF back (2), step RF to R side (3), cross LF over RF (4)

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