Nona Tegepe



拍數: 32

牆數:4

級數: High Beginner

編舞者: Bp. Suroto (INA) & Selvie (INA) - August 2023

音樂: Nona Tegepe (feat. Ocha Shaptriasa) - Abu Lado Purab

*1 tag 4C (after wall 8)

***3 restart (wall 2 after 20C, wall 4 after 20C & wall 7 after 16C)

Section 1 : HEEL, TOE, CHASSE R,L

- 1-2 Touch Heel R diagonal , Touch Toe R beside L
- 3&4 Step R to R side, Step L close together R, Step R to R side
- 5-6 Touch Heel L diagonal, Touch Toe L beside R
- 7&8 Step L to L side, Step R close together L, Step L to L side

Section 2 : CROSS – SIDE - BOTA FOGO

- 1 2 Cross RF over LF, step RF to side
- 3&4 Cross RF over LF, step LF to side, recover on RF
- 5 6 Cross LF over RF, step LF to side
- 7&8 Cross LF over RF, step RF to side, recover on LF

Section 3 : CROSS SHUFFLE - 1/2 TURN CROSS SHUFFLE - JAZZBOX TURN

- 1&2 Cross Rf over Lf, Step Lf beside Rf, Cross Rf over Lf
- 3&4 1/2 turn L Step Lf forward, Step Rf beside Lf, Step Lf forward
- 5-6 Cross RF over LF, Turn 1/4 right Step LF back
- 7 8 Step RF to side, Step LF forward

Section 4 : CHARLESTON - V-STEP

- 1-4 Rf forward , Lf touch forward , Lf back , Rf touch back
- 5-8 Step Rf diagonal forward Step Lf diagonal forward Step Rf back to center Touch Lf together

Tag : SWAY

1-4 Step RF to side Sway Right, Left, Right, Left

