

Grace And Gratitude

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 2 級數: Beginner
編舞者: Gitte Halskou (DK) - August 2023
音樂: Grace And Gratitude - Olivia Newton-John



Note: 1 tag 6 Counts

Tag At the end of the 4th wall facing 12 o'clock

Ending The last wall ends at 12 o'clock - do the lift at the last section and step left to left side at the end

Note Remember always to waltz with the angels in grace and gratitude

SWAY, TWINKLE

1 - 3 Step right to right side, sway upper body from left to right (2-3)
4 - 6 Cross left over right, step right to side, step left to side, turn slightly toward the diagonally left [10:30]

DIAGONAL BASIC STEP, ½ TURN BACK

1 - 3 Diagonal [10:30] step right forward, step left together, step right together
4 - 6 Step back on left, turn ½ right forward on right, forward on left [4:30]

VINE, CROSS ROCK

1 - 3 [3:00] Step right to right side, step left behind right, step right to right side
4 - 6 Cross left over right, recover on right, step left to left side, turn slightly toward the diagonally left [1:30]

DIAGONAL STEP LIFT, ½ TURN BACK

1 - 3 Diagonal [1:30] step right forward, lift left (2-3)
4 - 6 Step back on left, turn ½ right forward on right, forward on left [7:30]

REPEAT

TAG after the 4th wall facing 12 o'clock

BASIC STEP FORWARD, BASIC STEP BACKWARDS

1 - 3 Step right forward, step left together, step right together
4 - 6 Step left backward, step right together, step left together