Listen to the Man



拍數: 32 牆數: 4 級數: Easy Intermediate

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音樂: Listen to the Man - George Ezra: (CD: Wanted On Voyage - iTunes)



Dance moves 1/4 CCW

Start 16 beats in weight on L

SIDE ROCK, BEHIND, SIDE CROSS, SIDE ROCK, BACK ROCK,

1-2-3&4 Rock R to side, Recover to L, Cross R behind L, Step Left to side, Cross R over L

5-6-7-8 Rock L to side, Recover to R, Rock back on L, Recover to R

SIDE ROCK, CROSS SHUFFLE, 1/2 TURN, CROSS SHUFFLE, STEP, TOUCH

1-2-3&4 Rock L to side, Recover to R, Cross shuffle L over R stepping LRL

5&6-7-8 Turn 1/2 R and shuffle R over L stepping RLR, Step L to side, Touch R beside L

ROCK FWD. 1/2 SHUFFLE, 1/4 TURN, SIDE SHUFFLE, ROCK BACK.

1-2-3&4 Rock fwd. on R, Recover to L, Turn 1/2 over R and shuffle fwd. RLR 5&6-7-8 Turn further ¼ R and side shuffle LRL, Rock back on R, Recover to L

STEP, HOLD, BALL STEP, HOLD, STEP ½ PIVOT STEP TOUCH

1-2&3-4 Step R to side, Hold, Step L beside R, Step R to side, Hold

5-6-7-8 Step fwd. on L, Pivot 1/2 turn R, keeping weight fwd. on R, Step fwd. on L, Touch R beside L

(Suggested styling: on count 2 clap once and on count 4 clap twice)

TAG: At the end of wall three add the following 6 count tag. STEP TOUCH, STEP TOUCH, HIP SWAY

1-2-3-4 Step R to side, Touch L beside R, Step L to side, Touch R beside L

5-6 Step R to side as you sway hips R L

RESTART: There is a restart on wall 7. Dance to count 24 and restart from the beginning

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