Maghdalena



拍數: 80 編數: 1 級數: Phrased Improver

編舞者: Wandy Hidayat (INA) - September 2023 音樂: Magdalena - Don Omar & Maluma



Intro: 16 Counts - No Tag - No Restart

Sequence: A BB C A BB C AA BB C

PART A (32 counts)

Section A1 - FORWARD MAMBO, BACK MAMBO, ¼ L SAMBA WHISK, SAMBA WHISK

1&2 Step R forward, recover on L, step R back3&4 Step L back, recover on R, step L forward

5&6 ¼ turn L step R to side, cross L behind R, recover on R

7&8 Step L to side, cross R behind L, recover on L

Section A2, A3 & A4 - Repeat section A1

PART B (16 counts)

Section B1 - PIVOT 1/2 L (2X), SIDE TOUCH (2X), SIDE, TOGETHER, SIDE

1 - 4 Step R forward, ½ turn L step L in place, Step R forward, ½ turn L step L in place

5&6& Step R to side, touch L next to R, Step L to side, touch R next to L

7&8 Step R to side, step L next to R, step R to side

Section B2 - CROSS, RECOVER, SIDE, BEHIND, RECOVER, SIDE, SIDE TOUCH (2X), SIDE, TOGETHER, SIDE

1&2 Cross L over R, recover on R, step L to side3&4 Step R behind, recover on L, step R to side

5&6& Step L to side, touch R next to L, Step R to side, touch L next to R

7&8 Step L to side, step R next to L, step L to side

PART C (32 counts)

Section C1 - SYNCOPATED FORWARD DIAG. LOCK SHUFFLE, FORWARD MAMBO, BEHIND, SIDE CROSS

1&2& Step R forward diagonal (01.30), lock L behind R, Step R forward diagonal, lock L behind R

3&4 Step R forward diagonal, lock L behind R, Step R forward diagonal

5&6 Step L forward, recover on R, step L back

7&8 Cross R behind L, step L to side (back to 12.00), cross R over L

Section C2 - SYNCOPATED FORWARD DIAG. LOCK SHUFFLE, FORWARD MAMBO, BEHIND, SIDE CROSS

1&2& Step L forward diagonal (10.30), lock R behind L, Step L forward diagonal, lock R behind L

3&4 Step L forward diagonal, lock R behind L, Step L forward diagonal

5&6 Step R forward, recover on L, step R back

7&8 Cross L behind R, step R to side (back to 12.00), cross L over R

Section C3 - SAMBA WHISK R-L, VOLTA FULL TURN R

1&2 Step R to side, cross L behind R, recover on R3&4 Step L to side, cross R behind L, recover on L

5&6& 1/4 turn R step R forward, step L next to R, 1/4 turn R step R forward, step L next to R

7&8 ¼ turn R step R forward, step L next to R, ¼ turn R step R forward (12.00)

Section C4 - SAMBA WHISK L-R, VOLTA FULL TURN L

1&2	Step L to side, cross R behind L, recover on L
3&4	Step R to side, cross L behind R, recover on R
5&6&	1/4 turn L step L forward, step R next to L, 1/4 turn L step L forward, step R next to L
7&8	1/4 turn L step L forward, step R next to L, 1/4 turn L step L forward (12.00)