Damelo



拍數: 64 編數: Phrased Intermediate

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音樂: DAMELO (feat. Hard Lights) - DOLLA



Sequence: AAB AAB ABA

PART A (32 count)

I. SAMBA WHISK, 34 VOLTA TURN R

1 a 2	Step Rf to right side, Rock cross Lf behind Rf, Recover on Rf
3 a 4	Step Lf to left side, Rock cross Rf behind Lf, Recover on Lf

5&6& ¼ turn R Step Rf forward, Step Lf next to Rf, ¼ turn R Step Rf forward, Step Lf next to Rf

7 & 8 1/8 turn R Step Rf forward, Step Lf next to Rf, 1/8 turn R Step Rf forward

II. FORWARD, 1/2 TURN L BACK, COASTER, LIFT HIP

1 – 2	Step Lf forward, ½ turn L Step back on Rf
3 & 4	Step back on Lf, Step Rf next to Lf, Step Lf forward
5 – 8	Step Rf next to Lf and lift hip R,L,R,L

III. ROCK CROSS, 1/4 TURN R CROSS SHUFFLE, 1/2 TURN L CROSS SHUFFLE

1 & 2	Rock cross Rf over Lf, Recover on Lf, Step Rf to right side
3 & 4	Rock cross Lf over Rf, Recover on Rf, Step Lf to left side
5 & 6	1/4 turn R Cross Rf over Lf, Step Lf next to Rf, Cross Rf over Lf
7 & 8	½ turn L Cross Lf over Rf, Step Rf next to Lf, Cross Lf over Rf

IV. SIDE MAMBO, FORWARD, 1/2 PIVOT, WALK

1 & 2	Rock Rf to right side, Recover on Lf, Step Rf next to Lf
3 & 4	Rock Lf to left side, Recover on Rf, Step Lf next to Rf
5 – 6	Step Rf forward, ½ turn L (weight on Lf)
7 – 8	½ turn L Step back on Rf. ½ turn L Step Lf forward

PART B (32 count)

7&8&

I. BOTAFOGO, DIAMOND 3/8 TURN R

1 a 2	Cross Rf over Lf, Rock Lf to left side, Recover on Rf
3 a 4	Cross Lf over Rf, Rock Rf to right side, Recover on Lf
5&6&	Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf
7 & 8	Step back on Lf, 1/8 turn R Step Rf to right side, 1/8 turn R Step Lf forward

II. 1/8 TURN R BOTAFOGO, DIAMOND 1/4 TURN R

1 a 2	1/8 turn R Cross Rf over Lf, Rock Lf to left side, Recover on Rf
3 a 4	Cross Lf over Rf, Rock Rf to right side, Recover on Lf
5&6&	Cross Rf over Lf, Step Lf to left side, 1/8 turn R Step back on Rf, Hitch on Lf
7 & 8	Step back on Lf, 1/8 turn R Step Rf to right side, 1/8 turn R Step Lf forward

III. ¼ TURN R FORWARD, WEAVE 1/8 TURN L

1&2&	¼ turn R Step Rf forward, Step Lf behind Rf, Step Rf forward, Step Lf behind Rf
3 & 4	Step Rf forward, Step Lf behind Rf, Step Rf forward
5 & 6	Cross Lf over Rf, 1/8 turn L Step Lf to left side, Cross Lf behind Rf sweep Rf from front to back

Cross Rf behind Lf, Step Lf to left side, Step Rf over Lf, Step Lf next to Rf

IV. CROSS, HOLD, SIDE, CROSS SHUFFLE, 1/4 TURN L FORWARD, 1/2 TURN L BACK, COASTER

1 – 2& Cross Rf over Lf, Hold, Step Lf next to Rf

3 & 4 Cross Rf over Lf, Step Lf next to Rf, Cross Rf over Lf
5 - 6 ¼ turn L Step Lf forward, ½ turn L Step back on Rf sweep Lf from front to back
7 & 8 Step back on Lf, Step Rf next to Lf, Step Lf forward

After doing part A, make ¼ turn L and start the next part

Enjoy the dance

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