

# Freedom

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Ivan Rundgren (SWE) - September 2023  
音樂: One Step Forward - Jackie Venson



**INTRO: 16 C START ON WORD FREEDOM, 1 RESTART**

**SEC. 1 STEP – HOLD – BACK ROCK STEP – STEP – HOLD – BACK ROCK STEP**

1 2      Step R to R side (1) hold (2)  
3 4      Step L behind R (3) recover to R (4)  
5 6      Step L to L side (5) hold (6)  
7 8      Step R behind L (7) recover to L (8)

**SEC. 2 TOE STRUT X 2 –LINDY R**

1 2      Tap R toe diagonal fwd (1) drop R heel down (2)  
3 4      Tap L toe diagonal fwd (3) drop L heel down (4)  
5&6      Step R to R side (5) step L next to R (&) step R to R side (6)  
7 8      Step L behind R (7) recover to R (8) \*\* Please restart here during wall 4 \*\*

**SEC. 3 STEP – HOLD – BACK ROCK STEP – STEP – HOOK 1/4 TURN L –STEP FWD – SCUFF**

1 2      Step L toe L side (1) hold (2)  
3 4      Step R behind L (3) recover to L (4)  
5 6      Step R to R side (5) hook L over R while turning 1/4 turn L on R (6)  
7 8      Step fwd L (7) scuff fwd R (8)

**SEC. 4 R LOCK STEP FWD – SCUFF – ROCKING CHAIR**

1 2      Step fwd R (1) lock L behind R (2)  
3 4      Step fwd R (3) scuff fwd L (4)  
5 6      Step fwd L (5) recover to R (6)  
7 8      Step back on L (7) recover to R (8)

**SEC. 5 STEP – PIVOT 1/2 TURN R – CROSS SHUFFLE – 1/4 TURN R – R COASTER STEP**

1 2      Step fwd L (1) Pivot 1/2 turn R (2)  
3& 4      Cross L over R (3) step R to R side (&) cross L over R (4)  
5 6      1/4 turn R stepping fwd R (5) recover to L (6) now facing 6:00  
7&8      Step back on R (7) step L next to R (&) step fwd R (8)

**SEC. 6 STEP FWD L – HOLD – STEP FWD R – HOLD – L SHUFFLE FWD – R POINT – HITCH**

1 2      Step fwd L (1) hold (2)  
3 4      Step fwd R (3) hold (4)  
5&6      Step fwd L(5) step R next to L(&) step fwd L (6)  
7 8      Point to R side (7) hook L (8) to finish front wall change to step, turn, step!

**\*\* RESTART: AFTER 16 C OF WALL 4 YOU MAY CHANGE STEP TO L FOOT (&) THEN RESTART!**

**Start over again!**

**Have fun & happy dancing, hugs from Sweden**

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