

# The BBQ Dance

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Carrie Ann Earl (ES) - September 2023  
音樂: La BBQ Dance - Laurie Leblanc : (iTunes, Spotify)



Intro: 40 counts from beginning of track - approx 22 secs

## SECTION 1 - SIDE TOE STRUT, CROSS TOE STRUT SCISSOR STEP, HOLD WITH CLAP

1-2      Touch Right Toe to Side, Drop Right Heel  
3-4      Cross Left Toe Across Right, Drop Left Heel  
5-6      Step Right Side, Step Left beside Right  
7-8      Cross Right Over Left, Hold with Clap

## SECTION 2 - SIDE TOE STRUT, CROSS TOE STRUT, SIDE ROCK/ RECOVER ¼, LEFT SHUFFLE FORWARD

1-2      Touch Left Toe to Side, Drop Left Heel  
3-4      Cross Right Toe Across Left, Drop Right Heel  
5-6      Rock Left to Left side, recover weight forward onto Right as you make ¼ turn Right (9:00)  
7&8      Shuffle forward - left, right, left

## SECTION 3 - STEP FORWARD, KICK, STEP BACK HOOK, DIAGONAL STEP-TOUCHES BACK WITH CLAPS

1-2      Step forward on Right, Kick Left forward  
3-4      Step back on Left, Hook Right across Left (or touch right next to left)  
5-6      Step diagonally-back Right on Right foot, touch Left foot beside Right and clap  
7-8      Step diagonally-back Left on Left foot, touch Right foot beside Left and clap

## SECTION 4 - MONTEREY ¼ RIGHT, STEP RIGHT, SLAP LEFT HEEL, STEP LEFT, SLAP RIGHT HEEL

1-4      ¼ turn Monterey (point right foot to right side, on ball of left foot pivot ¼ turn right stepping right foot next to left, point left foot to left side, step left next to right (6:00)  
5-6      Step Right to side, raise Left behind Right leg & slap Left heel with Right hand  
7-8      Step Left to side, raise Right behind Left leg & slap Right heel with Left hand

**(Easier option rather than Slapping your heel, just step hook behind without slapping or just step touches – Step right side touch Left next to Right and Step Left side touch Right next to Left)**

Notes –

On the Toe Struts - Section 1 & 2, you can add more styling by shimmying your shoulders as you strut.  
On the last 4 counts on section 4 to add more fun you can slap your Left heel behind on counts 5-6 and when you step on the left you can slap your right heel in front rather than behind on counts 7-8

Have Fun & Enjoy !!

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