# Rope and Ride



拍數: 32 編數: 2 級數: Beginner

編舞者: Lynn Card (USA) - July 2023

音樂: Should've Been a Cowboy - Toby Keith



#### (adapted from 2014 dance 'You're Beautiful')

Intro: 32 counts, start on lyric "never"

### TOE HEEL STRUTS TO RIGHT

1,2,3,4 Touch R toe to the right, put R heel down, touch L toe across R, put L heel down 5,6,7,8 Touch R toe to right, put R heel down, touch L toe across R, put L heel down

(when this hits on the "rope and ride" lyrics, you can use your right hand to make a lasso motion)

#### POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT, BEHIND

1,2,3,4 Touch R to right side, cross R over L, touch L out to left side, cross L behind R

5,6,7,8 Touch R to right side, cross R behind L, touch L to left side, cross L behind R(put the weight

on L on count 8)

## ROCK BACK, RECOVER, STEP, CLAP, STEP, PIVOT TURN 1/2, STEP, CLAP

1,2,3,4 Rock R back, recover forward on L, step R forward, clap

5,6,7,8 Step L forward, pivot ½ turn clockwise and step R forward, step L forward, clap

#### **ROCKING CHAIR x2**

1,2,3,4 Rock R forward, recover back on L, rock R back,recover L forward,

5-8 repeat counts 1-4

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