

The Barbie Dance

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Sandie Witmer (USA) - September 2023
音樂: Dance The Night - Dua Lipa : (Barbie Movie Soundtrack)



Intro: 16 Counts

Section 1: Lindy Right, Lindy Left

1&2 Step to side right, step left next to right, step to side right
3-4 Cross back rock on left, recover forward on right
5&6 Step to side left, step right next to left, step to side left
7-8 Cross back rock on right, recover forward on left

Section 2: Side Rock Recover, Behind, Side, Cross (Right and Left)

1-2 Step right foot to side right, recover on left
3&4 Step right behind left, step side left, step right across left
5-6 Step left foot to side left, recover on right
7&8 Step left behind right, step side right, step left across right

Section 3: Vine ¼ Turn R, Hitch ½ turn R, Shuffle, Back R, Forward L

1-4 Step side right, step left behind right, turn ¼ right on right, turn ½ right with left hitch
5&6 Step back left, step back right beside left, step back left
7-8 Step back right, touching left heel forward (7), step on left with right toe tip touching (8)

Section 4: Rock Recover, Cha Cha ½ Turn (Right and Left)

1-2 Rock forward on right, recover back on left
3&4 Turn ½ turn right while stepping in place with right foot, step in place left, step in place right
5-6 Rock forward on left, recover back on right
7&8 Turn ½ turn left while stepping in place with left foot, step in place right, step in place left

Section 5: Cross Rock Recover, Lunge and Drag (Right and Left)

1-2 Step right foot across left, recover on left
3-4 Lunge right foot to right side, drag left to right and touching left beside right foot
5-6 Step left foot across right, recover on right
7-8 Lunge left foot to left side, drag right to left and touching right beside left foot

Section 6: Vine R ¼ Turn Shuffle, Shuffle ½ Turn R, Back R, Forward L

1-2 Step to side right, step left behind right
3&4 Turn ¼ turn right while stepping in place with right foot, step in place left, step in place right
5&6 Turn ½ turn right while stepping in place with left foot, step in place right, step in place left
7-8 Step back right, touching left heel forward (7), step on left with right toe tip touching (8)

Section 7: Shuffle Forward R & L, Back Touch R & L

1&2 Step right foot forward, step left next to right, step right foot forward while rolling hands
3&4 Step left foot forward, step right next to left, step left foot forward while rolling hands
5-6 Step back on right, touch left next to right
7-8 Step back on left, touch right next to left

Section 8: Swivel Hip R & L, Back R, Forward L (X2)

1-2 Swivel right hip to right side and forward
3-4 Swivel left hip to left side and forward
5-6 Step back right, touching left heel forward (5), step on left with right toe tip touching (6)

7-8

Step back right, touching left heel forward (7), step on left with right toe tip touching (8)

End of Dance (EOD)

No tags, No restarts

Alternate Music:

"Levitating" by Dua Lipa (Pop)

"Day Dream Believer" by The Monkeys (60's Pop)

"Right Round" by Flo Rida (Hip Hop)

"Whistle" (Clean Version) by Flo Rida (Hip Hop)

"Looking For Love" by Johnny Lee (Urban Cowboy Movie Soundtrack)

"Night Fever" by The Bee Gees (DISCO)

"Stayin Alive" by The Bee Gees (DISCO)

"Ring My Bell" by Anita Ward (DISCO)

"Heaven Must Be Missing An Angel" by Tavares (DISCO)

"These Are The Days" by Lauren Daigle (Spiritual)

"Mellow Yellow" by Donovan (60's)

"Oh What A Thrill" by The Mavericks (Country)

"What A Crying Shame" by The Mavericks (Country)

"Goodbye's Kickin' In" by Brothers Osbourne (Country)

"Nice To Meet Ya" by Niall Horan (Pop)

Thank you
