Cowboy Don't



拍數: 64

牆數:4

級數: Improver

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音樂: Cowboy Don't - BRELAND

Introduction: 16 counts. Start @ approximately 8 seconds. NO TAGS ! 1 EASY RESTART !

PART I. (FORWARD, RECOVER, SIDE, RECOVER; ROCK BACK, RECOVER, KICK BALL CROSS)

- 1-2 Step with R heel forward, Recover back onto L
- 3-4 Step with R heel to R side, Recover L onto L
- 5-6 Rock back with R, Recover forward onto L
- 7&8 Kick R to R, Step in place on the ball of the R, Step L across R

PART II. (SIDE TOE STRUT, CROSS TOE STRUT, SIDE, TOGETHER, CROSS, CLAP HANDS)

- 1-2 Touch R toe to R, Step R in place
- 3-4 Touch L toe across R, Step L in place
- 5-6 Step R to R, Step-close L beside R
- 7-8 Step R across L, Clap Hands

PART III. (SIDE TOE STRUT, CROSS TOE STRUT; L LINDY STEP)

- 1-2 Touch L toe to L, Step L in place
- 3-4 Touch R toe across L, Step R in place
- 5&6 Step L to L, Step-close R beside L, Step L to L
- 7-8 Rock back onto R, Recover forward onto L

PART IV. (1/4 R TURN, FORWARD, 1/2 R PIVOT TURN; FORWARD, 1/2 L PIVOT TURN)

- 1-2 Step R to R making 1/4 R Turn (3:00), Hold
- 3-4 Step L forward, Pivot 1/2 R Turn onto R (9:00)
- 5-6 Step L forward, Hold
- 7-8 Step R forward, Pivot 1/2 L Turn onto L (3:00)

PART V. (CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE)

- 1-2 Step R across L, Recover back onto L
- 3-4 Step R to R, Hold (or slap L heel with hand)
- 5-6 Step L across R, Recover back onto R
- 7-8 Step L to L, Hold (or slap R heel with hand)

PART VI. (1/4 R JAZZ BOX WITH TOE STRUTS)

- 1-2 Touch R toe across L, Step R in place
- 3-4 Touch L toe behind R, Step in place onto L
- 5-6 Touch R toe to the R making 1/4 R Turn (6:00)
- 7-8 Touch L toe forward, Step in place onto L

PART VII. (1/4 R JAZZ BOX; 1/4 R JAZZ BOX)

- 1-2 Step R across L, Step L back
- 3-4 Step R to R making 1/4 R Turn (9:00), Step L forward
- 5-6 Step R across L, Step L back
- 7-8 Step R to R making 1/4 R Turn, Step L forward

PART VIII. (HEEL, STEP, HEEL, STEP; STOMP, 1/4 L BOUNCE, BOUNCE, BOUNCE)

1-2 Touch R heel forward, Step R beside L

- 3-4 Touch L heel forward, Step L beside R
- 5-6 Stomp forward with weight onto R, Bounce on both heels making 1/8 L Turn (10:30)
- 7-8 Bounce on both heels making 1/8 L Turn (9:00), Bounce on both heels in place

REPEAT DANCE.

*NOTE: On Wall 4 @ 3:00, dance PART I—VII., then RESTART the dance at 3:00.

** ENDING: On Wall 6 @ 12:00, dance PART I-VII., VIII. (1-4), then STOMP R forward and Bounce 3x in place raising arms.