# Nuansa Bening

拍數: 48

級數: High Improver

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音樂: Nuansa Bening - VIDI

## RESTART : On Wall 2, 5, 7, 8, 9 After 16 C

### I. SACHEE - LINDY STEP - KICK BALL CHANGE

- Step RF to R, closed LF next to RF, step RF to R 1&2
- 3&4 Step LF to L, closed RF next to LF, step LF to L
- Rock LF back, recover onto RF 56
- 7&8 Kick RF forward, step RF inplace, closed LF next to RF

## II. LOCK STEP FWD R/L - MAMBO CROSS R/L

- Step RF forward, lock LF behind RF, step RF forward 1&2
- 3&4 Step LF forward, lock RF behind LF, step LF forward
- 5&6 Rock RF cross over LF, recover onto LF, step RF to R
- 7&8 Rock LF cross over RF, recover onto RF, step LF to L

## In Here... Restart.... On Wall 2, 5, 7, 8, 9

## III. SIDE ROCK - WEAVE - FWD ROCK - 1/2 TURN - FWD SHUFFLW

- 12 Rock RF to R, recover onto LF
- 3&4 Cross RF behind LF, step LF to L, cross RF over LF
- 56 Rock LF forward, recover onto RF
- 7&8 Turn 1/2 L stepping LF forward, close RF next to LF, step LF forward

#### **IV. LINDY STEP R/L**

- Step RF to R, closed LF next to RF, step RF to R 1&2
- 34 Rock LF back, recover onto RF
- 5&6 Step LF to L, closed RF next to LF, step LF to L
- Rock RF back, recover onto LF 78

#### V. KICK BALL CHANGE 2X - SCISSOR STEP R/L

- 1&2 Kick RF forward, step RF inplace, closed LF next to RF
- Kick LF forward, step LF inplace, closed RF next to LF 3&4
- 5&6 Step RF to R, closed LF next to RF, cross RF over LF
- 7&8 Step LF to L, closed RF next to LF, cross LF ovet RF

#### VI. (FWD - SIDE POINT) R/L - PIVOT 1/2

- 12 Step RF forward, touch LF to L
- 34 Step LF forward, touch RF to R
- Rock RF forward, recover onto LF, Turn 1/2 R stepping RF forward 5&6
- 7&8 Rock LF forward, recover onto RF, step LF forward

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牆數: 1