

One Last DANCE

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - September 2023
音樂: One Last Dance - Imanbek & Ali Gatie



INTRO: 32 counts

RF CROSS ROCK/RECOVER, SWAY RL, LINDY RIGHT

1-2 Rock RF over L, Recover LF
3-4 Step RF right and sway R,L
5&6 Shuffle right, RLR
7-8 Rock back on LF, Recover on RF

Step-Taps 1/4 L X 4

1-2 Step LF 1/4 L (9:00), Tap RF behind L
3-4 Recover RF in place, Tap LF forward
5-6 Recover LF in place, Tap RF behind L
7-8 Recover RF in place, Tap LF forward

WALK FORWARD (LRL) KICK RF, ANCHOR STEPS BACK

1-4 Walk forward LRL, Kick RF forward
5&6 Step RF behind L, Step LF in place, Step RF in place
7&8 Step LF behind R, Step RF in place, Step LF in place

MODIFIED MAMBO RIGHT, MAMBO LEFT, STOMP TWICE

1-2 RF Rock side right, LF recover
3-4 RF toe-strut
5-6 LF Rock side left, RF recover
7-8 Stomp LF together twice (weight on LF on count 8)

No tags, no restarts

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