Tighter, Tighter

拍數: 16

級數: Absolute Beginner

編舞者: Hiroko Carlsson (AUS) - October 2023

音樂: Tighter, Tighter - Alive 'N Kickin'

(Dance starts on lyrics)

[S1] Rumba Box, Side Shuffle Back Rock

- Step R to the side, Step L beside R, Step forward on R 1&2
- 3&4 Step L to the side, Step R beside L, Step back on L
- 5&6 Step R to the side, Step L close, Step R to the side
- 78 Rock back on L, Replace weight on R

[S2] Side Shuffle, Back Rock, Step-Pivot 1/2L, Step-Pivot 1/4L

- 1&2 Step L to the side, Step R close, Step L to the side
- 34 Rock back on R, Replace weight on L
- 56 Step forward on R, Make a ¹/₂ turn left recover weight on L (6:00)
- 78 Step forward on R, Make a 1/4 turn left recover weight on L (3:00)

No tags or restarts



牆數: 4