Waka Waka

拍數: 32

級數: Absolute Beginner

編舞者: Laura Rittenhouse (AUS) - October 2023

音樂: Waka Waka (This Time for Africa) - Shakira

牆數: 2

Start with lyrics after 16 beats (K-Mix) or 32 beats (The Official 2010 World Cup Song)

S1: WALK FWD R, L, BOUNCE R FOOT & CLAP X 2; WALK BACK R, L, BOUNCE R FOOT & CLAP X 2

- Step R fwd, Step L fwd, Bounce R foot twice while clapping (3,4) 1,2,3,4
- 5,6,7,8 Step R back, Step L back, Bounce R foot twice while clapping (7,8)

S2: K CLAP

- 1,2,3,4 Step R fwd on R diagonal, Touch L beside R & Clap, Step L back on L diagonal, Touch R beside L & Clap
- Step R back on R diagonal, Touch L beside R & Clap, Step L fwd on L diagonal, Touch R 5,6,7,8 beside L (or scuff) & Clap

S3: STEP R TO R, DRAG L, L FOOT BOUNCES X 2; REPEAT TO L

- 1,2,3,4 Step R to R, Drag L beside R, Bounce L foot & Clap, Bounce L foot & Clap
- 5,6,7,8 Step L to L, Drag R beside L, Bounce R foot & Clap, Bounce R foot & Clap

S4: SIDE STEP X 4 WITH CLAPS TO TURN 1/2

- Turning 1/8 L step R to R (10:30), Touch L beside R & Clap, Turning 1/8 L step L to L (9:00), 1,2,3,4 Touch R beside L & Clap
- Turning 1/8 L step R to R (7:30), Touch L beside R & Clap, Turning 1/8 L step L to L (6:00), 5,6,7,8, Touch R beside L & Clap

Thanks to Theo for recommending I choreograph a dance to this song.





