

She's Into Superstitions

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Lidia Landon Michael (USA) - October 2023
音樂: Livin' la Vida Loca - Ricky Martin



Intro: 32 counts

SECTION 1: MAMBO SIDE, IN PLACE, TOGETHER, HOLD, MAMBO SIDE, IN PLACE, TOGETHER

1-2 Rock R to R side, step in place L
3-4 Step R next to L, hold
5-6 Rock L to L side, step in place R
7-8 Step L next to R, hold

SECTION 2: KICK STEP, KICK STEP KICK STEP , KICK STEP

1-2 Low kick R, step R
3-4 Low kick L, step L
5-6 Low kick R, step R
7-8 Low kick L, step L

SECTION3: R SIDE TOGETHER SIDE TOUCH, L SIDE TOGETHER SIDE TOUCH

1-2 Step R to R. Step together L
3-4 Step R to R. Touch L next to R
5-6 Step L to L. Step together R
7-8 Step L to L. Touch R next to L

SECTION 4: V STEP , STEP APART

1-2 [1] step forward R diagonal [2] hold
3-4 [3] step forward L diagonal [4] hold
5-6 [5] step backward center R [6] step L together
7-8 [7] step apart r [8] step apart L

SECTION 5: 2 ELVIS KNEES R, 2 ELVIS KNEES L

1-2 [1] invert R knee [2] recover R knee
3-4 [3] invert R knee [4] recover R knee
5-6 [5] invert L knee [6] recover L knee
7-8 [7] invert L knee [8] recover L knee

SECTION 6: R NIGHTCLUB BASIC, ¼ L NIGHT CLUB BASIC

1-2 Big step R to the R, stretching L foot side
3-4 Rock back L, recover R
5-6 ¼ turn to L with big step L, stretching R foot side
7-8 Rock back R, recover L

NO TAGS! NO RESTARTS! This dance has a very Latin feel, so use your hips freely!

Last Update: 12 Oct 2023