All My Life Waiting

拍數: 32

級數: Improver

編舞者: Anna-Maria Mejlon (SWE) - October 2023

音樂: All My Life (Where Have You Been) - Wiktoria

Intro: approx. 20 sec in, starting when they sing now i found you ...

Cross side sailor 1/4 heel and cross and cross, rock and cross

- 1-2 cross L over R, step R to R side
- 3&4& step L behind R step R to R side turning 1/4 to the left, touch L heel fwd and change weight to L foot
- 5&6 cross R over L, step L to L side, cross R over L
- 7&8 rock L to L side recover onto R, cross L over R

Toe heel cross, toe heel cross, rock recover behind side cross

- 1&2 touch R toe beside L, touch R heel fwd, cross R over L
- 3&4 touch L toe beside R, touch L heel fwd, cross L over R
- 5-6 rock R to R side, recover onto L
- 7&8 step R behind L, step L to L side, cross R over L

Rock side recover behind turn 1/4 fwd, point and point and heel and heel and

- 1-2 rock L to L side, recover onto R
- 3&4 step L behind R, step fwd on R turning 1/4 to the right, step fwd on L
- 5&6& point R to R side & point L to L side &
- 7&8& touch R heel fwd & touch L heel fwd &

Rock fwd recover coaster step, step 1/2 cross, rock side recover

- rock fwd on L recover onto R 1-2
- 3&4 step back on R, step L beside R, step fwd on R
- 5-6 step fwd on L turning 1/2 to the right, crossing R over L
- 7-8 rock L to L side, recover onto R

... and start again :-)

No tags, No restarts!!





牆數: 2