Plum Blossom (梅花)

級數: Improver - waltz

編舞者: Rita Chung (CAN) - October 2023

音樂: Plum Blossom (梅花) - Teresa Teng (鄧麗君)

Intro: 24 counts

拍數: 48

S1: Waltz Basic Forward; 1/4 R Together Point LF step forward (1), RF step beside RF (2), LF In Place (3) 123 456 1/4 R turn on LF ball with collecting RF beside LF (4), LF point to left side (5), hold (6) (3:00) S2: Waltz Reverse Turn, Step Back, Side Point 123 LF step forward (1), 1/4 L turn and LF step side (2), 1/4 L turn and step LF beside RF (3) 456 RF step back (4), LF point to left side (5), hold (6) (9:00) S3: 3/4 L Turn; Step Forward, Side Point 123 LF step forward (1), 1/2 L turn and step RF back (2), 1/4 L turn and LF step side (3) 456 RF step forward (4), LF point to right side (5), hold (6) (12:00) S4: Step Back, Side Point; Step Back, Side Point 123 LF step back (1), RF point to right side (2), hold (3) 456 RF step back (4), LF point to left side (5), hold (6) (12:00) S5: Forward Hitch ; Step Side, Together 123 LF step forward (1) (Both hands lower to hip level, wrist to wrist with palms facing out), hitch RF (2), hold (3) (both arms open out from hip level to above head) RF step to right side (4), Hold (5), LF step beside RF (6) (12:00) 456 S6: Step Side, Hitch; Step Side, Together 123 RF step to right side (1) (right arm stretch to right side), hitch RF (2), hold (3) (right arm make a half upward circle form right to left and then stretch out to right) 456 LF step to left side (4), hold (5), RF step beside LF (6) (12:00) S7: Step side, Hitch; Cross Recover, Side 123 LF step to left side (1), hitch LF (2) hold (3) 456 RF cross LF (4), recover on LF (5), RF step side (6) (12:00) S8: Box 123 LF step forward (1), RF step to right side (2), LF step beside RF (3) 456 RF step back (4), LF step to left side (5), RF step beside LF (6) (12:00) contact: jihmeichung@yahoo.ca





牆數: 1