

# For You

**COPPER** KNOB  
STEPSHEETS

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Maria Tao (USA) - October 2023  
音樂: For You - Chris Norman : (CD: Baby I Miss You)



**Intro: 40 counts**

**Note: No Tags; No Restarts**

**[S1] SIDE, BACK ROCK, RECOVER, SIDE, BEHIND, HITCH/RONDE 5/8 TURN R PRESS, 1/2 TURN L FWD ROCK, RECOVER, BACK**

1                    Step L to L  
2&3                Rock R back, recover onto L, step R to R  
4&5                Step L behind R, hitch/ronde R front to back, 5/8 turn R pressing R to R [7:30]  
6&7                1/4 turn L stepping L forward, 1/4 turn L stepping ball of R beside L, rock L forward [1:30]  
8&                Recover onto R, step L back

**[S2] BACK ROCK, RECOVER, 1/8 TURN L, 1/4 TURN L CROSS ROCK, RECOVER, SIDE, CROSS, UNWIND 3/4 TURN L, SIDE, BACK ROCK, RECOVER**

1                    Rock R back  
2&3                Recover onto L, 1/8 turn L stepping R forward, 1/4 turn L crossing rock L over R [9:00]  
4&5                Recover onto R, step L to L (slightly back), cross R over L  
6-7                Unwind 3/4 turn L (weight on L), step R to R [12:00]  
8&                Rock L back, recover onto R

**[S3] SIDE, BACK ROCK, RECOVER, 1/4 TURN L, ANCHOR STEP, 3/4 TURN R SAILOR STEP, STEP FWD, 1/2 TURN L**

1                    Step L to L  
2&3                Rock R back, recover onto L, 1/4 turn L stepping R back [9:00]  
4&5                Step L behind R, step R in place, step L in place  
6&7                3/4 turn R crossing step R behind L, step L to L, step R forward [6:00]  
8&                Step L forward, 1/2 turn L stepping R back [12:00]

**[S4] SIDE, BACK ROCK, RECOVER, 1/4 TURN R, STEP FWD, PIVOT 1/2 TURN R, 1/4 TURN R SIDE, TOUCH BACK, UNWIND 1/2 TURN R, FULL TURN L**

1                    Step L to L  
2&3                Rock R back, recover onto L, 1/4 turn R stepping R forward [3:00]  
4&5                Step L forward, pivot 1/2 turn R, 1/4 turn R stepping L to L [12:00]  
6-7                Extend R and touch R toe back, unwind 1/2 turn R lifting L heel (weight on R) [6:00]  
8&                1/2 turn L stepping L down, 1/2 turn L stepping R beside L

**[S5] STEP FWD, PRISSY WALK (R-L), SIDE ROCK, RECOVER, BEHIND, BACK ROCK, RECOVER, TOUCH, HITCH, SIDE, TOGETHER**

1                    Step L forward  
2-3                Walk R slightly over L, walk L slightly over R  
4&5                Rock R to R, recover onto L, step R behind L sweeping L front to back  
6&7&              Rock L back, recover onto R, touch L to L, hitch L across R  
8&                Step L to L, step R next to L [6:00]

**START AGAIN!**