Doing The Best That We Can

拍數: 32

級數:

編舞者: Dorothy Michaels (USA) - October 2023

音樂: A Good Hearted Woman - LeAnn Rimes

牆數: 4

S1. ROCK. RECOVER. SHUFFLE X2

- 1. Rock fwd onto right foot.
- 2. Recover back onto left foot.
- 3&4 shuffle backwards. RLR
- 5. Rock backwards onto left foot
- 6. Recover fwd onto right foot.
- 7&8 shuffle fwd LRL.

S2 [2] ROCKING CHAIRS 1/8 1/8 = 1/4 turn

- 1. Rock fwd onto R foot making 1/2 turn left.
- 2. Recover back onto L
- 3. Rock back onto right foot.
- 4. Recover fwd onto left foot.
- 5. Rock fwd onto R foot making 1/2 turn left.
- 6. Recover back onto L
- 7. Rock back onto right foot.
- 8. Recover fwd onto left foot.

S3. OUT. BEHIND. SIDE SHUFFLE X2

- 1.2. R side step R. L step side behind R
- 3&4 R side shuffle. RLR
- 5.6 L side step L. R side step behind L
- 7&8 L side shuffle LRL

S4. [2] KICK BALL CHANGE [2] HALF TURN PIVOTS

- 1&2 R foot kick. R step. L step in place
- 3&4 R foot kick. R step. L step in place
- 5.6 R foot step fwd. $\frac{1}{2}$ turn pivot onto L.
- 7.8 R foot step fwd. $\frac{1}{2}$ turn pivot onto L.

Begin again. No restarts. Enjoy.

Inspired by Linda Tripp dance. more symmetry was needed for my beginners

