Heaven in a Stetson

級數: Improver

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音樂: Heaven In A Stetson - Alexis Wilkins

Step, lock, step, scuff, with right and left

拍數: 32

- 1 4 Step, lock, step, scuff, beginning with R foot (step R forward, lock L behind R, step R forward, scuff L)
- 5 8 Step, lock, step, scuff, beginning with L foot (step L forward, Lock R behind L, step L forward, scuff R)

Chase turn 1/2, Pivot 1/2 and 1/4, hold

- 1 4 Chase turn (step right foot forward, pivot 1/2 left, (put weight on L), step R foot forward, hold
- 5 8 Step L foot forward, pivot ½ right, (put weight on R), pivot ¼ right (put weight on L) (3/4 turn)

Lindy Right and Left

- 1&2 Shuffle to the right (Step, together, step)
- 3 4Rock back on L, recover on R
- 5&6 Shuffle to the left (Step, together, step)
- 7 8 Rock back on R, recover on L

Step, kick, step, touch, four knee pops

- 1-2 Step R to right, kick L on diagonal (across R leg)
- 3–4 Step back on L, touch R next to L (your weight is now on your L foot)
- 5-8 Knee pops LRLF (start by transferring weight to R foot as you bend you L knee in, then R knee, repeat)

(optional: wave your arms in the air during the knee pops)

There are 3 restarts and one tag with a restart. On walls 3, 6 and 10, restart after 24 counts (after Lindy steps) On wall 3, you will be at 9:00.

On walls 6 and 10, you will be at 6:00.

Wall 7 is instrumental. That's your clue that there is a tag and restart on the next wall: wall 8.

Tag: On wall 8, complete the first 16 counts, then shuffle to the right, rock back on L, and hook R over L. Restart with lock steps.

Following wall 10, it sounds like there should be more restarts, but it's easier to just keep going, without adding more restarts.

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牆數:4