

Most of All

拍數: 64 牆數: 2 級數: Improver
編舞者: Dee Musk (UK) - October 2023
音樂: I Need You Most Of All - Stephen Sanchez : (Album: Angel Face)



#32 Count Intro – Approx 16 secs. Track approx 3 mins 10 secs. BPM 128.

Track available from iTunes. deedeemusk@gmail.com

No Tags or Restarts ☐

Cross, Side, Behind, Side, Cross Rock, Recover, Side, Hold.

- 1-4 Cross R over L, step L to L side, cross step R behind L, step L to L side.
- 5-8 Cross rock R over L, recover weight to L, step R to R side, hold count 8. (12 o'clock).

Cross, Side, Behind, ¼ Turn Right, Step, ¼ Turn Right, Cross, Hold.

- 1-4 Cross L over R, step R to R side, cross step L behind R, make ¼ turn R stepping forward on R.
- 5-8 Step forward on L, make ¼ turn R, cross L over R, hold count 8. (6 o'clock).

Side, Behind, Side Rock, Recover, Behind, Side Rock, Recover, Behind.

- 1,2 Step R to R side, cross step L behind R.
- 3,4 Rock R to R side, recover weight to L.
- 5 Cross step R behind L.
- 6,7 Rock L to L side, recover weight to R.
- 8 Cross step L behind R. (6 o'clock).

Side, Together, Forward, Hold, Side, Together, Back, Hold.

- 1-4 Step R to R side, step L beside R, step forward on R, hold count 4.
- 5-8 Step L to L side, step R beside L, step back on L, hold count 8. (6 o'clock).

Walk Back x 3, Hold, Rock Back, Recover, Step Forward, Hold.

- 1-4 Walk back, R, L, R, hold count 4.
- 5-8 Rock back on L, recover weight to R, step forward on L, hold count 8. (6 o'clock).

Rocking Chair, Jazz Box With Cross.

- 1-4 Rock forward on R, recover weight to L, rock back on R, recover weight to L.
- 5-8 Cross R over L, step back on L, step R to R side, cross L over R. (6 o'clock).

Right Side, Hold, Back Rock, Recover, Left Side, Hold, Back Rock, Recover.

- 1-4 Step R to R side, hold count 2, cross rock L behind R, recover weight to R.
- 5-8 Step L to L side, hold count 6, cross rock R behind L, recover weight to L. (6 o'clock).

Side, Behind, ¼ Turn Right, Step, ½ Turn Right, ¼ Turn Right, Behind, Side.

- 1,2 Step R to R side, cross step L behind R.
- 3 Make ¼ turn R stepping forward on R.
- 4,5 Step forward on L, make ½ turn R (weight forward on R).
- 6 Make ¼ turn R stepping L to L side.
- 7,8 Cross step R behind L, step L to L side. (6 o'clock).

Choreographer Note: the track slows down, just dance slowly through to count 4 of Section 4 to finish facing 12 o'clock ☐