Nobody



編舞者: Gudrun Bachner (AUT) - September 2023

音樂: Nobody (feat. Matthew West) - Casting Crowns



Intro: 8 Counts Tags: 3 Restarts: 0

[S1] side stomp 2x, triplestep - R+L

1-2 stomp RF to R with shoulders swinging to R, stomp LF to L with shoulders swinging to L

3&4 step RF diagonally R forward, close LF to RF, step RF diagonally R forward

5-6 stomp LF to L with shoulders swinging to L, stomp RF to R with shoulders swinging to R

7&8 step LF diagonally L forward, close RF to LF, step LF diagonally L forward

[S2] step turn ¼, cross and cross, touch, back touch, turn ¼, heel-toe-heel-hitch

1-2 step RF forward, ¼-turn L on both balls, recover on LF (9:00h)

3&4 cross RF before LF, close LF to RF, cross RF before LF

&5-6 touch LF beside RF (&) touch LF backwards (5), 1/4-turn to L (6), weight in the end on LF

(6:00h)

7&8& turn R heel to the middle (7), turn R toes to the middle (&), turn R heel to the middle (8), lift R

knee (&)

[S3] heel, toe, touch + hip bumps, step turn ½, run-run-run

1-2 touch R heel forward, touch R toes backwards

touch R toes forward, bump hips 3 times R-L-R, end weight on RF step LF forward, ½-turn R on both balls (12h), end weight on RF

7&8 3 fast steps forward L-R-L

[S4] weave, scissor step, side, turn 1/4 step back, close, swivel

1-2& step RF to R (1), cross LF behind RF (2), step RF to R (&) cross LF before RF (3), step RF to R (4), close LF to RF (&)

5-6 cross RF before LF (5), step LF to L (6)

7&8& 1/4-turn R and step RF back (7), (3:00h), close LF to RF (&), turn both heel to the R (8), turn

both heels back to the middle (&)

tag = S4

tag after walls 2, 4 and 7

ending after last tag, looking to 6:00h:

S4, 1-5

6-8 1/4-turn R (9:00h) and step LF back (6), 1/4-turn R (12:00) and step RF to the R (7), draw LF to

RF

Last Update: 12 Nov 2023