

Disco Disco

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Christina Yang (KOR) - October 2023
音樂: Disco Disco - Benny Dayal, Shirley Setia & Sachin-Jigar



Start the dance after 32 counts

If you want to dance intro part, you will start dance after 16 counts

INTRO DANCE(16 COUNTS)

SECTION 1: STATIONARY SAMBA WALKS

- 1a2 Step LF forward, rock RF backward(push your hip to R backward), recover LF
- 3a4 Step RF forward, rock LF backward(push your hip to L backward), recover RF
- 5a6 Step LF forward, rock RF backward(push your hip to R backward), recover LF
- 7a8 Step RF forward, rock LF backward(push your hip to L backward), recover RF

SECTION 2: SAMBA WALKS (IN PLACE)

- 1a2 Cross LF over RF, rock RF diagonal backward, recover on LF
- 3a4 Cross RF over LF, rock LF diagonal backward, recover on RF
- 5a6 Cross LF over RF, rock RF diagonal backward, recover on LF
- 7a8 Cross RF over LF, rock LF diagonal backward, recover on RF

SECTION 1: 2 TIMES OF FORWARD WALKS, OUT, OUT, 1/4 TURN TO L WITH JAZZ BOX, COASTER STEP

- 1 Step LF forward
- 2&3 Step RF forward, diagonal step LF forward, diagonal RF forward
- 4-6 Cross LF over RF, 1/4 turn to L stepping RF back, step LF side
- 7&8 Step RF backward, closed LF to RF, step RF forward

SECTION 2: FORWARD SHUFFLE. 1/4 TURN TO L WITH SIDE SHUFFLE, 2 TIMES OF SAILOR STEPS

- 1&2 Step LF forward, closed RF to LF, step LF forward
- 3&4 1/4 turn to R stepping RF side, closed LF to RF, step RF side
- 5&6 Cross LF behind RF, closed RF to LF, diagonal LF forward
- 7&8 Cross RF behind LF, closed LF to RF, diagonal RF forward

SECTION 3: SWIVEL TO L/R, 2 TIMES OF SWIVEL TO L WHILE 1/4 TURN TO L, SWIVEL TO R/L, 2 TIMES OF SWIVEL TO R (INCLUDING HAND STYLING IN SECTION 3)

- 1-2 Swivel LF to L side pushing R hand back across doing L hand pointing motion to L side, swivel RF to R side pushing L hand back across doing R hand pointing motion to R side
- 3&4 Swivel LF to L side pushing R hand back across doing L hand pointing motion to L side while 1/8 turn to L, move weight on RF putting both hands together in the center, swivel LF to L side pushing R hand back across doing L hand pointing motion to L side
- 5-6 Swivel RF to R side pushing L hand back across doing R hand pointing motion to R side, swivel LF to L side pushing R hand back across doing L hand pointing motion to L side
- 7&8 Swivel RF to R side pushing L hand back across doing R hand pointing motion to R side while 1/8 turn to L, move weight on RF putting both hands together in the center, swivel RF to R side pushing L hand back across doing R hand pointing motion to R side

SECTION 4: MOVE YOUR WEIGHT TO L/R/L/R WITH HAND STYLING, 4 TIMES OF R HIP BUMP WITH HAND STYLING

- 1-4 Move weight on LF doing pointing motion to L side with both hands together, move weight on Rf doing pointing motion to R side with both hands together, move weight on LF doing pointing motion to L side with both hands together, move weight on LF raising L back of the hand in front of forehead across holding R hand on R waist

5-8 4 times of hip bump to R side while lower L hand down in a semicircle slowly

RESTART

On the 3rd wall, you will dance to 24 counts and start again

On the 5th wall, you will dance to 16 counts and start again

CONTACT

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