Hurt Me



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Lewis Waring (UK) - October 2023

音樂: Hurt You - Cody Jinks



Intro count 40 counts, as drums kick in

[1-8] CROSS ROCK, CHASSE, CROSS ROCK, CHASSE

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1-2	Cross R over L	. recover.

3&4 Step R to R side, bring L to R, step R to R side.

5-6 Cross L over R, recover.

7&8 Step L to L side, bring R to L, step L to L side.

[9-16] PIVOT ¼, PIVOT ¼, JAZZ BOX WITH A CROSS

9-10	Step forward on R, pivot ¼ over L shoulder
11-12	Step forward on R, pivot ¼ over L shoulder

13-14 Cross R over L, step L back 15-16 Step R next to L, cross L over R.

[17-24] CHASSE, BACK ROCK, CHASSE, BACK ROCK

17&18	Step R to R side, bring L to R, step R to R sid	6
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19-20 Rock L behind R, recover

21&22 step L to L side, bring R to L, step L to L side

23-24 Rock R behind L, recover.

[25-32] POINT, SIDE, SAILOR STEP, POINT, SIDE, SAILOR 1/4 TURN

25-26	Touch R toes forward, touch R toes to R side
27&28	Step back on R, bring L to R, step forward on R.
29-30	Touch L toes forward, touch L toes to L side

31&32 Step back on L, turn ¼ over left shoulder bringing R to L, step L forward.

END OF DANCE

*1 Tag, 1 Restart.

Restart wall 2 after 16 counts

Tag wall 3, Repeat the first 8 counts.