She Works Hard for the Money

牆數:1

拍數: 32

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音樂: She Works Hard For the Money - Donna Summer

Section 1: Stomps

- 1-4 Stomp R; L heel, toe, heel
- 5-8 Stomp L; R heel, toe, heel

Section 2: Walk forward – walk back

- 1-4 Walk; R, L, R, Kick L
- 5-8 Walk back; L, R, L, Touch R beside L

Section 3: Vine right - vine left

- 1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R
- 5-8 Step L to side, Step R behind L, Step L to side, Touch R next to L
- (Optional rolling vines instead of standard vines)

Section 4: Diagonal Back - Diagonal forward

- 1-2 Step back diagonally R, touch L next to R
- 3-4 Step back diagonally L, touch R next to L
- 5-6 Step forward diagonally R, touch L next to R
- 7-8 Step forward diagonally L, touch R next to L





級數: