Da Gung Zai (打工仔)

級數: Phrased Intermediate

編舞者: Jennifer Choo Sue Chin (MY) - November 2023

音樂: Pun Kan Pat Leong (半斤八兩) - Sam Hui (許冠傑)

- Intro: 16 counts Start on vocal "Da" (Ngor dei li ban DA gung zai)
- Phrasing: AAB AAB A Ending

拍數: 80

PART A (32 counts)

- A1 JAZZ BOX, 1/8 FORWARD ROCK RECOVER CLOSE, 1/2 PIVOT, R CROSS ROCK SIDE
- 1-3 Cross RF over LF, Step LF back, Step RF to R 12:00
- 4&5 1/8R Rock LF fwd, Recover on RF, Close LF next to RF and push butt backwards*

Option: Yell "hah" with the vocals on count 5 1:30

- 6-7 Step RF fwd, ½L pivot shifting weight onto LF 7:30
- 8&1 Rock RF fwd, Recover on LF, 1/8R stepping RF to R 9:00

A2 L CROSS ROCK SIDE, FWD, ½R HITCH, FWD SHUFFLE, R FWD ROCK RECOVER, TOUCH

- 2&3 LF Cross Rock, Recover on RF, Step LF to L 9:00
- 4-5 Step RF fwd, Execute a ½R on RF and hitching L knee*

Option: Yell "hah" with the vocals on count 5 3:00

- 6&7 Step LF fwd, Close RF next to LF, Step LF fwd 3:00
- 8&1 Rock RF fwd, Recover on LF, Touch RF back and start rolling body backwards 3:00

A3 BACK BODY ROLL, BALL TOUCH, BACK BODY ROLL, BALL BACK, COASTER CROSS SHUFFLE

- 2 Finish body roll with weight on RF 3:00
- &3 Step ball of LF slightly back, Touch RF back and start rolling body backwards 3:00
- 4&5 Finish body roll with weight on RF, Step ball of LF slightly back, Step RF back 3:00
- 6&7 Step LF back, Step RF together, Cross LF over RF 3:00
- &8 Step ball of RF to R, Cross LF over RF 3:00

A4 HOP TO R, HIP BUMPS WITH ARMS, ¼R HOP TO L, SHOULDER SHIMMY

- &1 Step RF hop to R, Touch LF next to RF 3:00
- 2-4 Bump hips to R 3x (Extend L arm to L & Rotate R arm pivoted at elbow CW 3x) 3:00
- &5 1/4R Step LF to L, Touch RF next to LF 6:00
- 6-8 Shimmy shoulders bending body fwd (5-6) and back (7-8) 6:00

PART B (48 counts)

B1 WALK, WALK, FWD SHUFFLE, FWD ROCK RECOVER, 1/2L FWD SHUFFLE

- 1-2 1/8L Step RF fwd, Step LF fwd 10:30
- 3&4 Step RF fwd, Close ball of LF next to RF, Step RF fwd 10:30
- 5-6 Rock LF fwd, Recover on RF 10:30
- 7&8 ¹/₂L Step LF fwd, Close ball of RF next to LF, Step LF fwd 4:30

B2 WALK, WALK, FWD SHUFFLE, FWD ROCK RECOVER, ¼L LEFT CHASSE (REPEAT B1 WITH ¼)

- 1-2 Step RF fwd, Step LF fwd 4:30
- 3&4 Step RF fwd, Close ball of LF next to RF, Step RF fwd 4:30
- 5-6 Rock LF fwd, Recover on RF 4:30
- 7&8 1/4L Step LF to L, Close ball of RF next to LF, Step LF to L 1:30

B3 WALK, WALK, FWD SHUFFLE, FWD ROCK RECOVER, ½L FWD SHUFFLE (REPEAT B1)

- 1-2 Step RF fwd, Step LF fwd 1:30
- 3&4 Step RF fwd, Close ball of LF next to RF, Step RF fwd 1:30
- 5-6 Rock LF fwd, Recover on RF 1:30





牆數:2

7&8 1/2L Step LF fwd, Close ball of RF next to LF, Step LF fwd 7:30

B4 WALK, WALK, FWD SHUFFLE, FWD ROCK RECOVER, 1/2L FWD SHUFFLE (REPEAT B1)

- 1-2 1/8L Step RF fwd, Step LF fwd 7:30
- 3&4 Step RF fwd, Close ball of LF next to RF, Step RF fwd 7:30
- 5-6 Rock LF fwd, Recover on RF 7:30
- 7&8 1/2L Step LF fwd, Close ball of RF next to LF, Step LF fwd 1:30

B5 1%L SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

- 1-2 1/₈L Rock RF to R squaring up to 12:00, Recover on LF 12:00
- 3&4 Cross RF over LF, Step ball of LF to L, Cross RF over LF 12:00
- 5-6 Rock LF to L, Recover on RF 12:00
- 7&8 Cross LF over RF, Step ball of RF to R, Cross LF over RF 12:00

B6 STOMP, RAISE ARM, HIP BUMPS R & L

- 1-4 Stomp RF to R, Raise R arm fwd over 3 counts 12:00
- 5-6 Bump hips to R 2x and drop arm gradually 12:00
- 7-8 Bump hips to L 2x 12:00

Ending

On the end of 5th A (facing 6:00), execute a ¼R and repeat A4 to end the dance facing 12:00.

Have fun with this one!

Contact: hotlinerz@gmail.com