Ground We Stomp



拍數: 64 牆數: 4 級數: Phrased Intermediate

編舞者: Nyle Provenson (USA) - October 2023

音樂: Stomp - Ben Gallaher: (Apple Music & Spotify)



INTRO: 32 count intro. Begin the dance when the lyrics begin.

TAGS & RESTARTS:

- * Restart after second A after 16 counts
- ❖ Tag1 after first B
- ❖ Tag2 after third B after 24 counts
- ❖ Restart after fifth B after 24 counts

SEQUENCE: A - A[1-16] - B - T1 - A - B - B[1-24] - T2 - B - B[1-24] - A[1-16]

PART A - 32c

[1-8] Cross kick, Coaster, Shuffle, 1/4 turn

1, 2 Cross RF over L, kick RF back out

3& 4 Step back RF, Step LF together with RF, Step RF forward (Coaster)

5& 6 Shuffle forward L R L

[9-16] Kick-ball-point x2, Scuff, Stomp

	in
3& 4	Kick LF forward, together, point RF back
1& 2	Kick RF forward, together, point LF back

5, 6 Scuff RF, stomp RF

7& 8 Heel-toe-heel shuffle to the R

[17-24] Scuff/Hitch, 1/4 turn, Coaster, Jazz box

1, 2	Stomp LF and hitch while doing a ¼ turn c	war Lehaulder
1. 4	Stoffid Li affu filloff Willie dollid a /4 tuffi d	Mei F Siloniaei

3& 4& Step back LF, Step RF together w/ RF, Step LF forward(Coaster), scuff RF

5, 6 Cross RF over L, Step back LF

7, 8 Step out RF, Bring LF together w/ R, (all while doing a ½ over R shoulder)

[25-32] Jazz box, Stomp

&1, 2	Scuff RF, Cross RF over L, Step back LF
3, 4	Step out RF, Bring LF together w/ R

5, 6 Stomp RF, stomp LF

7, 8 Shake hips

PART B - 32c

[1-8] Stomp cross behind, Slide, ½ turn

1& 2&	Stomp RF, cross LF behind R (x2)
3& 4&	Slide R bring L in, Slide L bring R in

5, 6 ½ turn R over R shoulder, ½ turn R over L shoulder 7, 8 ½ turn L over L shoulder, ½ turn L over R shoulder

[9-16] Heel swivel, Stomp, Sailor, Cross behind out cross over

1& 2&	R heel swivel from in to out, stomp RF (x2)
3& 4&	L heel swivel from in to out, stomp LF (x2)

5& 6& Step RF behind LF, step out LF, step out RF, Hold (&)

7& 8& Step LF behind RF, Step out RF, Cross LF over RF, Step out RF

[17-24] 1/4 pivot, 1/2 turn/hitch, Coaster, 1/2 turn (x2)

1. 2	½ pivot over L	chauldar	etan fr	nward on F	? foot
1. 4	74 DIVULUVEI E	SHOUIUGE .	SIGD IL	nwaiu oii i	\ IOOL

3, 4 Step forward on L foot, ½ turn over R shoulder while hitching RF
5& 6 Step back RF, Step LF together with RF, Step RF forward (Coaster)

7 Step forward with LF while doing a ½ turn over R shoulder, Step back with

8 RF while doing a ½ turn over R shoulder

[25-32] ½ turn hitch, Coaster, Diagonal slide

1, 2	Step forward LF, ½ turn over R shoulder while hitching RF
3& 4	Step back RF, Step LF together with RF, Step RF forward (Coaster)
5& 6&	Step diagonally L w/ LF, bring RF in, Step diagonally R w/ RF, bring LF in
7& 8&	Step diagonally L w/ LF, bring RF in, Kick RF and bring back together

TAG 1

This only happens one time which is after the first B (first chorus) [1-4] Slide

1, 2 Step RF out and slide, bring LF in 3, 4 Step LF out and slide, bring RF in

TAG 2

[1-8] Rock recover, ½ turn shuffle, Cross kick, Coaster

1, 2	Step forward on LF and rock body, recover on RF
3& 4	Shuffle L R L while doing a ½ over L shoulder
5, 6	Cross kick RF over L, Kick RF back out

7& 8 Step back RF, Step LF together with RF, Step RF forward (Coaster)

[9-16] Stomp & Clap, Cross kick, Coaster

1& 2&	Stomp LF, Clap, Stomp RF, Clap
3& 4&	Stomp LF, Clap, Stomp RF, Clap
5, 6	Cross kick LF over R, Kick LF back out

7& 8 Step back LF, Step RF together with LF, Step LF forward (Coaster)

[17-24] Rock recover, ½ turn shuffle, Rock recover, ¼ turn shuffle

1, 2	Step forward on RF and rock body, recover on LF
3& 4	Shuffle R L R while doing a ½ turn over R shoulder
5, 6	Step forward on LF and rock body, recover on RF
7& 8	Shuffle L R L while doing a ¼ turn over L shoulder