## Up In The Air



拍數: 32

級數: Advanced

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牆數: 4

音樂: Up In the Air - Methner, Zist & Eirik Næss : (Spotify/Apple Music/Deezer)



## Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (Intro: 16 counts)

## IS11 Side, Behind Rock, Side-Behind-1/4L Shuffle Fwd, Step-Pivot 1/2L, 3/4L Quick Turn-1 2& Step R to the side, Rock L behind R, Replace weight on R 3& Step L to the side, Step R behind L 4&5 Making a <sup>1</sup>/<sub>4</sub> turn left shuffle forward on L-R-L (9:00) 67 Step forward on R, Make a <sup>1</sup>/<sub>2</sub> turn left recover weight on L (3:00) Make a <sup>1</sup>/<sub>2</sub> turn left stepping back on R, Make a <sup>1</sup>/<sub>4</sub> turn left stepping L beside R (6:00) 8& [S2] Cross Rock, 1/8R Dip-Kick, 1/4R Dip-Kick, Reverse Rocking Chair 12 Rock/cross R over L, Replace weight on L 34 Make a <sup>1</sup>/<sub>k</sub> turn right stepping forward on R-slightly dipping down (7:30), Lift L leg 56 Step back on L -slightly dipping down /making a 1/2 turn right (10:30), Lift R leg 7&8& Rock back on R, Replace weight on L, Rock forward on R, Replace weight on L [S3] 1/4L w/ Sweep, Back-Lock-Back, 1/4R Step-Lock-Step into 1/4R Back, Back-Coaster Step Make a swift $\frac{1}{4}$ turn left stepping back on R as you sweep L foot around (7:30) 1 2&3 Step back on L, Lock/cross R over L, Step back on L 4& Make a ¼ turn right stepping forward on R (10:30), Lock L behind R-56-Step forward on R -starting a 1/4R pencil turn on ball of R foot (1:30), Step back on L Step back on R, Step back on L, Step R next to L, Step forward on L 7&8& [S4] Step-Pivot 3/8L, Fwd Rock, 1/2R-Full Turn, Side-Behind Rock 12 Step forward on R, Make a <sup>3</sup>/<sub>4</sub> turn left recover weight on L (9:00) 34 Rock forward on R, Replace weight on L 567 Make a <sup>1</sup>/<sub>2</sub> turn right stepping forward on R, Make a <sup>1</sup>/<sub>2</sub> turn right stepping back on L, Make a 1/2 turn right stepping forward on R (3:00) &8& Step L to the side, Rock R behind R, Replace weight on L TAG: 16 counts Tag at the end of Wall 2 (6:00) and Wall 4 (12:00) [S1] Side, Behind Rock, Side-Behind-1/4L-Step-Pivot 1/2L, Fwd, Step-Pivot 1/4R-Fwd Rock 1 2 & Step R to the side, Rock L behind R, Replace weight on R 3&4 Step L to the side, Step R behind L, Make a 1/4 turn left stepping forward on L &56 Step forward on R, Make a 1/2 turn left recover weight on L, Step forward on R 7& Step forward on L, Make a ¼ turn right recover weight on R 8& Rock forward on L, Replace weight on R [S2] Side, Behind Rock, Side-Behind-1/4R-Step-Pivot 1/4R, Cross-Reverse Side Roll 12& Step L to the side, Rock R behind L, Replace weight on L 3&4 Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R &56 Step forward on L, Make a ¼ turn right recover weight on R, Cross L over R 78 Make a ¼ turn left stepping back on R, Make a ½ turn left stepping forward on L -Then, make another 1/4 turn to the left, starting on count 1 and moving to the side

Ending: After Wall 5, you will do a 16-counts-tag sequence with a step change at the end. Dance until the end, then add another ½ turn to the left while stepping back on your right foot (12:00).

(updated: 8/Nov/23)