Going Into Overdrive

級數: Beginner

編舞者: Helena Jeppsson (SWE) - November 2023

音樂: Overdrive (feat. Norma Jean Martine) - Ofenbach

Over, side, behind, point, point fwd, side

拍數: 32

- 1, 2, 3, 4 Cross RF over LF, step LF to left side, step RF behind LF, point LF to left side
- 5, 6, 7, 8 Point LF infront of RF, point LF to left side, point LF infront of RF, point LF to left side

Over, side, behind, point, point fwd, side

- Cross LF over RF, step RF to right side, step LF behind RF, point RF to right side 1, 2, 3, 4
- 5, 6, 7, 8 Point RF infront of LF, point RF to right side, point RF infront of LF, point RF to right side

Jazzbox with 1/4 turn R x2

- 1, 2 Cross RF over LF, make a 1/4 turn right stepping back on LF
- Step RF to right side, step fwd on LF (3:00) 3, 4
- 5,6 Cross RF over LF, make a 1/4 turn right stepping back on LF
- Step RF to right side, step fwd on LF (6:00) 7,8

(Fwd, touch) x2, (back, touch) x2

- Step RF fwd on right diagonal, touch LF beside RF 1, 2
- 3, 4 Step LF fwd on left diagonal, touch RF beside LF
- 5, 6 Step RF back on right diagonal, touch LF beside RF
- 7,8 Step LF back on left diagonal, touch RF beside LF





牆數:2