Mr Red White And Blue



拍數: 32 牆數: 4 級數: High Improver

編舞者: Stefan Schützer (NOR) - November 2023

音樂: Mr Red White and Blue - Coffey Anderson: (album: Boots and Jeans, not rock

version))



-3 Restarts

(1-8) Walk, Walk, \	Vaudeville x2.	Rock, Rec	over
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1-2 Walk right, Walk Left

3& Cross right over left, Step left back to left diagonal

4& Touch right heel forward to right diagonal, Step right next to left

5& Cross left over right, Step right back to right diagonal

6& Touch left heel forward to left diagonal, Step left next to right

7-8 Rock right forward, Recover on left

(9-16) Touch right back, turn 34, Basic Nightclub x2, Turn 34

Touch right toe back, make a ¾ turn over right shoulder (facing 9) put weight on right.

Step left foot to the left, step right foot behind left, step left foot across right foot

Step right foot to the right, step left foot behind right, step right foot across left foot

7 Turn 1/4 and step left foot forward

8 Turn 1/2 on the left foot while hitching right knee (facing 12)

Restart in wall 5 and 8

(17-24) Shuffle, Rock, Recover, Coaster step, Step, 1/2 Turn, Step

1&2 Step right foot forward, step left beside right, step right foot forward

3-4 Rock forward on left, Recover back on right

5&6 Step back on left, Step right beside left, Step forward on left

7&8 Step forward on right, 1/2 turn L, step onto left foot, step forward on right foot (Facing 6)

Restart in wall 2 - change count 7&8 to 7-8 by doing a 1/2 pivot turn, Step forward on right and 1/2 turn L, step down on left

(25-32) Full turn, Sway, Press, Kick, Weave, Rock, recover with a 1/4 turn

1&2 1/2 turn R step back on left, 1/2 turn R step forward on right, step forward on left

3-4 Step right to right while sway right, sway left into press

5 Kick left foot diagonally left, weight on right

6&7 Cross left behind right, step right to right side, cross left over right

8& step right to right side, make a 1/4 turn L and step forward on left foot (facing 3 o'clock)

Ending: on count 29 while kicking turn to 12 o'clock.

Enjoy & have fun!

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Last Update - 19 Nov. 2023 - R1