

Another Breath

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rhoda Lai (CAN) - November 2023
音樂: Every Breath You Take - Thundatraxx



Intro: 16 counts

* Note: 2 restarts during Wall 3 and Wall 9 after 16 counts

S1 Walk R L, R Shuffle Forward, L Forward Rock, ½ L Shuffle Forward

12 Step R forward, step L forward
3&4 Step R forward, step L beside R, step R forward
56 Rock L forward, recover onto R
7&8 ¼ L stepping L to L side, step R beside L, ¼ L stepping L forward (6:00)

Optional styling (count 1 to 4, hands on mouth to bring forward, pretending to blow a kiss with lyrics "every breath you take")

S2 Bump hips R Twice, Bumps Hips L Twice, Bump hips R, L, R, L

1&2 Step R to R side bumping hips to R twice
3&4 Bump hips to L Twice
5678 Bump hips to R, L, R, L

Optional styling (Free style hip bumps with lyrics "Every moves you make")

*Restart here during Wall 3 (12:00) and Wall 9 (3:00)

S3 1/8 R Jazz box, 1/8 R Jazz box

12 Cross R over L, 1/8 R stepping L back
34 Step R to R Side, step L forward (7:30)
5678 Repeat count 1234 (9:00)

S4 R Diagonal Forward, L Swivel Heel/Toe/Heel, L Diagonal Forward, R Swivel Heel/Toe/Heel

1234 Stomp R slightly forward to R diagonal, swivel L heel in, toe in, and heel in towards R foot
5678 Stomp L slightly forward to L diagonal, swivel R heel in, toe in then stomp right next to L foot (9:00)

Optional styling (point at a dancer and make eye contact to match the lyrics "I'll be watching you")

Ending: At the end of Wall 11 (9:00), make a ¼ R by stepping R to the R side to face 12:00 pointing both index fingers forward.

Enjoy!

<https://music.apple.com/us/album/every-breath-you-take-single/1522260445>

Last Update: 29 Nov 2023