Paid My Dues

拍數: 32

級數: Low Improver

編舞者: Maria Nix (DE) - November 2023

音樂: Paid My Dues - Anastacia

Start: After 32 counts with ... knocked down

S1: R-kick ball cross, hip bumps, R-behind side cross, L-scissor cross

- 1&2 RF kick forward and set back on ball, LF cross in front of RF
- 3&4 RF step right and move hips R/L/R
- 5&6 RF cross behind LF, LF step left, RF cross in front of LF
- 7&8 LF step left, close RF, LF cross in front of RF

S2: R-rock step, L-step lock step, R-coaster step, L-step 1/4 pivot facing 3 o'clock

- 1&2 RF step forward and back, LF remains on place
- 3&4 LF step back, RF cross in front of LF, LF step back
- 5&6 RF step back, close LF, RF step forward
- 7&8 LF step forward and ¼ turn right on ball facing 3 o'clock

S3: L-cross side heel, R-cross side heel, L-cross shuffle, R-side close forward

- 1&2 LR cross in front of RF, RF step right, LF tap heel
- &3&4 LF put back down, RF cross in front of LF, LF step left, RF tap heel
- &5&6 RF put back down, LF cross in front of RF, RF place behind LF, RF cross in front of LF
- 7&8 RF step right, close LF, RF step forward

S4: L-side close back, R-step lock step, L-step lock step, R-unwind ½ facing 9 o'clock

- 1&2 LF step left, close RF, LF step back
- 3&4 RF step back, LF cross in front of RF, RF step back
- 5&6 LF step back, RF cross in front of LF, LF step back
- 7-8 RF place toe behind LF, on toe ¹/₂ turn right facing 9 o'clock, close LF

1 Tag (16 counts) in round 3 facing 6 o'clock, end S2 with R/L stomp (steps 7-8):

S1: R-rolling vine, L-grapevine 1/2 pivot facing 12 o'clock

- 1-4 RF step right, LF ½ turn facing 12 o'clock, RF ½ turn facing 6 o'clock, close LF
- 5-8 LF step left, cross RF behind LF, LF ½ turn facing 12 o'clock, close RF

S2: R-grapevine, L-rolling vine

- 1-4 RF step right, cross LF behind RF, RF step right, close LF
- 5-8 LF step left, RF ½ turn facing 6 o'clock, LF ½ turn facing 12 o'clock, close RF

Ending: after completion of round 9, unwind with full turn facing 12 o'clock





牆數:4