King of Swing

拍數: 32

級數: Improver

編舞者: Patricia Soran (AUT) - November 2023

音樂: King of the Swingers (Balduin Remix) - Balduin & The Swing Ninjas

Intro: 16 Counts - No tags, no restarts!

Counts 1-8: DIAG. TRIPLE STEP FWD. R+L, CHARLESTON STEP WITH 1/4-TURN L

- 1&2 Step RF diag. fwd. (1.30); Step LF to RF; Step RF diag. fwd.
- 3&4 ¼-turn (10:30) and step LF diag. fwd.; Step RF to LF; Step LF diag. fwd.
- 5-8 Point RF fwd. (towards 10.30); 1/8-turn left (9.00) and step back with RF; 1/8-turn left (7.30) and touch LF back; Step LF diag. fwd. (7.30)

Counts 9-16: 2x HEEL GRIND-SIDE, SWEEP, CROSS BEHIND, ¼-TURN R, HOP

- 1-4 Cross right heel over LF facing 9:00 (1); Step LF to side while swiveling right heel from right to left (2); Repeat (3-4)
- 5-6 Cross RF behind LF and sweep LF from front to back (or Ronde Air); Cross LF behind RF
- 7-8 ¹/₄-turn right (12.00) and step fwd. with RF (7); Step together with LF, optional do a hop with both feet, ending with feet together and weight on LF (8)

Counts 17-24: TOE-HEEL, CROSS-SHUFFLE, TOUCH-KICK, CROSS BEHIND, ¼-TURN R, STEP FWD. L

- 1-2 Touch right toe near LF; Touch right heel near LF
- 3&4 Cross RF over LF; Close LF to RF; Cross RF over LF
- 5-6 Touch LF near RF; Kick LF diag. fwd.
- 7&8 Cross LF behind RF; ¼-turn right (3:00) and step RF fwd.; Small step LF fwd.

Counts 25-32: KICK R, STEP BACK R, COASTER STEP, JAZZ BOX IN PLACE

- 1-2 Kick RF fwd.; Step back with RF
- 3&4 Step back with LF; Step together with RF; Step fwd. with LF
- 7-8 Cross RF over LF; Step back with LF; Step RF to side; Cross LF over RF

HAPPY DANCING!

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牆數: 4