You're a Woman

拍數: 32

級數: Beginner

編舞者: Linah Lunardi (INA) - November 2023

音樂: You're a Woman - Bad Boys Blue

Intro: 64 counts, start dancing after the lyric "Tonight"

(1-8) BACK ROCK, FWD SHUFFLE, 1/2 SHUFFLE TURN R, BACK ROCK

- Rock RF back, Recover onto LF 12
- 3&4 Step RF to R, Step LF next to RF, Step RF to R
- 5&6 Turn 1/2 R stepping LF back, Step RF next to LF, Step LF back
- 78 Rock RF back, Recover onto LF

(9-16) HIP WALK (4X)

- Touch R toe fwd bumping your hips fwd/back/fwd as you step fwd on RF 1&2
- 3&4 Touch L toe fwd bumping your hips fwd/back/fwd as you step fwd on LF
- 5&6 Touch R toe fwd bumping your hips fwd/back/fwd as you step fwd on RF
- 7&8 Touch L toe fwd bumping your hips fwd/back/fwd as you step fwd on LF

(17-24) GRAPEVINE R, SIDE-TOUCH BEHIND (2X)

- 1-4 Step RF to R, Cross LF behind RF, Step RF to R, Touch LF next to RF
- 56 Step LF to L, Point R toe behind and in cross of LF
- 78 Step RF to R, Point L toe behind and in cross of RF

(25-32) GRAPEVINE 1/4 TURN L, SIDE-TOUCH BEHIND (2X)

- 1-4 Step LF to L, Cross RF behind LF, Turn 1/4 L stepping LF fwd, Touch RF next to LF
- 56 Step RF to R, Point L toe behind and in cross of RF
- 78 Step LF to L, Point R toe behind and in cross of LF

Enjoy and hap y dancing!

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牆數:4