

Stink, Stank, Stunk

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 4 級數: Beginner
編舞者: Lidia Landon Michael (USA) - December 2023
音樂: You're a Mean One, Mr. Grinch - Just Dave Band



Intro: 16 counts

SECTION 1 CROSS, POINT, CROSS, POINT, CROSS, POINT, CROSS. POINT

- 1-2 Walk R forward across L, point L to L
- 3-4 Walk L forward across R, point R to R
- 5-6 Walk R forward across L, point L to L
- 7-8 Walk L forward across R, point R to R

SECTION 2 BACK, BACK, BACK, BACK, HEEL, HITCH, HEEL, HOLD

- 1-2 Walk Back R, Walk Back L
- 3-4 Walk Back R, Walk Back L
- 5-6 Touch R heel forward, hitch R heel front across L
- 7-8 Touch R heel forward, hold count 8

SECTION 3 LINDY TO THE RIGHT & LINDY TO THE LEFT

- 1&2 R Triple step side
- 3-4 Rock back L, recover R
- 5&6 L Triple step side
- 7-8 Rock back R, recover L

SECTION 4 STEP, PIVOT & CIRCLE HIPS, SIT

- 1-2 Step forward R, push hips back starting a counter clockwise hip circle
- 3-4 ¼ pivot to 9:00 as you continue hip circle, sit on L hip with R knee turned out

SECTION 5 SPOKEN INTERLUDE (dancers can hold, or say the verses out loud) Spoken verses will vary with each wall.

The last word of each verse starts the first heel drop of section 6

SECTION 6 HEEL, HEEL, HEEL, HEEL, HEEL TOGETHER, HEEL, TOGETHER

- 1&2& Drop R heel to the ground, raise R heel up, Drop R heel to the ground, raise R heel up
- 3&4& Drop R heel to the ground, raise R heel up, Drop R heel to the ground, raise R heel up
- 5-6 Touch R heel forward, step R next to L
- 7-8 Touch L heel forward, step L next to R

SECTION 7 RIGHT ROCKING CHAIR, STEP, PIVOT, TOUCH, HOLD

- 1-2 Rock forward R, recover L
- 3-4 Rock Backward R, recover L
- 5-6 Step R forward, Pivot over L shoulder ½ turn to face 3:00
- 7-8 Touch R next to L, hold count 8

ENDING: Wall 6 will start at 3:00 and finish at 12:00 . This spoken verse will end the dance with:

- 1-2 STINK (hold), R hip bump
- 3-4 STANK (hold), L hip bump
- 5-6 STUNK (hold), R hip bump
- 7-8 L hip bump, hold count 8

Spoken sections:

Wall 1: You're a bad banana, with a greasy black PEEL

Wall 2: I wouldn't touch you with a Thirty-nine and a half foot POLE

Wall 3: Given the choice between the two of you, I'd take the seasick croco DILE.

Wall 4: You're a three-decker sauerkraut And toadstool sandwich, With arsenic SAUCE

Wall 5: Your soul is an appalling dump heap overflowing with the most disgraceful aAssortment of deplorable rubbish imaginable,Mangled up in tangled up KNOTS

Wall 6: The three best words that best describe you, Are as follows, and I quote, STINK, STANK, STUNK
