拍數： 64
侢數： 4
級數：Phrased Beginner
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音樂：Dan．．．－Sheila On 7

## A

## Section 1 ：DIAGONAL FORWARD，DIAGONAL BACKWARD

1－2 Step Rf diagonal forward right，Touch $L$ toe beside Rf
3－4 Step Lf diagonal forward left，Touch $R$ toe beside Lf
5－6 Step Rf diagonal backward right，Touch L toe beside Rf
7－8 Step Lf diagonal backward left，Touch R toe beside Lf
Section 2 ：GRAPEVINE R，L
$\begin{array}{ll}1-4 & R \text { to side }-L \text { behind } R-R \text { to side }- \text { touch } L \text { beside } R \\ 5-8 & L \text { to side }-R \text { behind } L-L \text { to side }- \text { touch } R \text { beside } L\end{array}$
Section 3 ：FORWARD－SIDE TOUCH－FORWARD－SIDE TOUCH，1／4 TURN R JAZZBOX
1－4 Step RF forward－Touch LF to side－Step LF forward－Touch RF to side 5－8 $\quad 1 / 4$ Turn R Cross RF over LF－Step LF back－Step RF to side－Close LF beside RF

Section 4 ：SIDE TOUCH，FORWARD TOUCH，SIDE TOUCH，BACK TOUCH
1－2 Step RF to $R$ side，Step touch on LF beside RF
3－4 Step RF forward，Step touch on LF beside RF
5－6 Step LF to $L$ side．Step touch on RF beside LF
7－8 Step Back on LF，Step touch on RF beside LF

## B

Section 1 ：LINDY RIGHT，LEFT
1\＆2 Chasse to right on R－L－R
3－4 $\quad L$ rock behind $R$－recv on $R$
5\＆6 Chasse to left on L－R－L
7－8 $\quad$ R rock behind $L$－recv on $L$
Section 2 ：KICK BALL，V－STEP
1\＆2 Kick Rf forward，Step Rf next to Lf（\＆）touch Lf to Lf side
3\＆4 Kick R forward，step RF next to LF（\＆）touch Lf to L side
5－8 Step Rf diagonal forward－Step Lf diagonal forward－Step Rf back to center－Touch Lf together

Section 3 ：ROCK FORWARD，BACK SHUFFLE，ROCK BACKWARD，FORWARD SHUFFLE
1－2 RF forward rock，LF recover
3\＆4 RF back，LF next to RF（\＆），RF back
5－6 LF back rock，RF recover
7\＆8 LF forward，RF next to LF（\＆），LF forward

## Section 4 ： $1 / 4$ MONTEREY TURN，ROCKING CHAIR

1－2 toe touch RF to side，1／4 R and close RF next to LF
3－4 toe touch LF to side，close LF next to RF
5－6 rock RF fwd，recover on LF
7－8 rock LF fwd，recover on RF
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