Xin Nian New Qi Lai (新年扭起来)



拍數: 64 編數: 1 級數: Phrased High Beginner

編舞者: Belinda Yoong (MY) - December 2023

音樂: 新年扭起来原创新歌2024黄良得 (Full HD) 官方MV完整版-Keegen Wong Liang

Tek



SOD: INTRO / AB A / Tag 1/ B/ AA/ Tag 2/ /B / Tag 1/ABA/ TAG 1/ B/AA/TAG 2/ B/TAG 1 (AS ENDING)

INTRO / TAG 1 (20C)

SECTION 1: V STEP OUT.OUT.IN.IN. STEP RL, DRUMMING RLR

1-2 Step RF forward to R diagonal, step LF forward to L diagonal

3-4. Step RF back to centre, step back LF next to RF

5-6. Step RF to right side , step LF to left side

7&8 Both hand do a drumming RLR

SECTION 2: V STEP OUT.OUT.IN.IN STEP RL SIDE

1-8. Repeat all steps of SECTION 1

SECTION 3: IN PLACE BOTH HAND V DRUMMING RLR

1-2 Both hand move up (R hand to R diagonal L hand to L diagonal) -HOLD (2)

3& 4. Both hand do a drumming RLR

TAG 2 (16C)

Remarks: *** REPEAT SECTION 1 & SECTION 2 OF TAG 1 STEPS *** SECTION 1: V STEP OUT.OUT.IN.IN. STEP RL, DRUMMING RLR

1-2. Step RF forward to R diagonal, step forward LF to L diagonal

3-4. Step RF back to centre, step back LF next to RF

5-6. Step RF to right side, step LF to left side

7&8. Both hand do a drumming RLR

SECTION 2.: V STEP OUT.OUT.IN.IN ,SEPT RL SIDE , DRUMMING RLR

1-8. Repeat all steps of SECTION 1

PART A. (16 C)

SECTION 1: STEP BEHIND TOUCH (2X)

1-2. Step RF to R side , touch LF behind RF3-4. Step LF to L side, touch RF behind LF

5-6. Repeat 1-2 step7-8. Repeat 3-4 step

SECTION 2: CROSS HAND, GONG XI HAND. HAND BIG CIRCLE

1-2. Cross both hand put on your chest3-4 Both hand do Gong Xi Gong Xi

5-8. Both hand from bottom and open to top and do big circle with a little small Jumping on the

sport RLRL

PART B. (48C)

SECTION 1: STEP LOCK TOUCH DIAGONAL RL

1-2.	RF Step forward to R diagonal . LF step lock behind RF
3-4	RF step forward to right diagonal, LF step touch next to RF
5-6	LF step forward to left diagonal, RF step lock behind LF
7-8.	LF step forward left diagonal , RF step touch next to LF.

SECTION 2.: JAZZ BOX. STEP IN PLACE RLRL

- 1-2 RF cross over LF, LF step behind RF
- 3-4. RF step back to R side, LF step next to RF
- 5-8. Step in place RLRL with both hand do a big circle

SECTION 3.: STEP BACK DIAGONAL R L

1-2. RF step back to R diagonal, LF step back next to RF
3-4. RF step back to R diagonal, LF step touch next to RF
5-6. LF step back to L diagonal, RF step back next to LF
7-8. LF step back to L diagonal Rf step touch next to LF

SECTION 4.: JAZZ BOX STEP IN PLACE RLRL

- 1-2. RF cross over LF ,LF step back behind RF3-4. RF step back to R side, LF step next to RF
- 5-8. Step in place RLRL and both hand do a cross in front of your eyes and open to RL side

SECTION 5: BODY TURN TO RL FOOT POINT OUT BODY MOVE BACK TO FRONT

- 1 2. Turn your body to R side (3.00) LF point out to L side (9.00), both hands open and put next to mount RL
- 3&4. Body turn back to front (12.00) LF step next to RF, move both hands and head together LRL 5 6. Turn your body to L side (9.00) RF point out to R side (3.00) ,both hands open and put next to mouth RL
- 7&8. Body turn back to front (12.00) , RF step next to LF , move both hands and head together RLR

SECTION 6.: SIDE TOUCH SWAY RLRL

1-2. RF step to R side ,LF step touch next to RF3-4. LF step to L side, RF step touch next to LF

5-8. RF step to R side and sway RLRL

REMARKS: Details hand movement please refer to my Tutorial and demo video .

OPTIONAL:

Your may present the dance using others accessories like fan, etc.

Contact: belindayoong660609@gmail.com

Thank you everyone for your support and GONG XI FA CAI !!! Happy dancing !!