# Ain't Nothing Sweeter



拍數: 40 編數: 4 級數: Improver

編舞者: Rebecca Rader (USA) - December 2023

音樂: Georgia Peaches - Lauren Alaina



### Dance starts on vocals (after 24 counts)

# Toe Heels, Stomps, Hip Roll

1 - 2 - right toe step forward, push heel down
3 - 4 - left toe step forward, push heel down
5 - 6 - stomp right foot, stomp left foot
7 - 8 - rotate hips counter-clockwise once

# Cross Rock, Spin, Cross Rock, 1/4 Turn

- 1 2 right foot rocks over left foot, recover on left foot
- 3 4 using your right foot step to the right side into a full turn to the right
- 5 6 left foot rocks over right foot, recover on right foot
- 7-8- using your left foot step to the left side and  $\frac{1}{4}$  turn to the left, keep your weight on the left foot and right foot behind

# Shuffles, Forward Rock, Coaster Step

- 1 2 shuffle forward on the right foot 3 4 shuffle forward on the left foot
- 5 6 rock forward on right foot, recover on left foot
- 7 & 8 coaster step with right foot (right foot steps back, left foot steps back, right foot steps forward)

#### **Hip Rolls**

1 – 4 – step left toe forward with knee bent and roll hips 2x counterclockwise 5 – 8 – step right toe forward with knee bent and roll hips 2x clockwise

# Grapevines

- 1 4 grapevine to the right (right foot step to the side, left foot step behind, right foot step to the side, left foot step together)
- 5 8 grapevine to the left (left foot step to the side, right foot step behind, left foot step to the side,

right foot step together)

Repeatl	$\square$ No	tags or	restarts!	Г

Contact: bccountrygirl9796@gmail.com

Feel free to reach out with any questions! Have fun and happy dancing! □

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